

#### WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD

(Commission Districts)

#### Permanent Members

Martha Lavin (1) Mavis Kay Bonzer (1) Thuy Tran (2) Adolfo Correa (2) Denise Myer (3) Charles Mark Neumann (3) Jane Baudelaire (4) Casey Reed (4) Pamela Roberts (5) MaryAnn McCauley (5) Hawah Ahmad, At Large

#### <u>Alternate Members & Ex-</u><u>Associate Members (Advisors)</u> <u>Officio Members</u>

Mac Rossi, Alternate Patricia Gallimore, Alternate

Michael Clark, BCC Clara Andriola, BCC Alternate Donald Abbott, Sparks City Council Sue Meuschke, Associate Member Victoria Edmondson, Associate Member Connie McMullen, Associate Member Dr. Larry Weiss, Associate Member Donna Clontz, Associate Member

#### NOTICE OF MEETING AGENDA

Wednesday, December 6, 2023

3:00 pm Senior Services- Game Room

Meeting can also be accessed by using the following Zoom webinar link:

Washoe County Human Services Agency Reno Senior Center 1155 E. 9<sup>th</sup> Street, Reno, NV 89512 Tel: 775-328-2575 Fax: 775-328-6192 rcrane@washoecounty.gov

https://zoom.us/j/92347908306?pwd=K2k5UGdYSEVXVGNuRGFPZ3pub2kwQT09

Meeting ID: 923 4790 8306 Passcode: 438257

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Dial (669) 900-6833 US (San Jose)

**Public Comment.** Public Comment is limited to three (3) minutes per person. During the "Public Comment" items, anyone may speak pertaining to any matter either on or off the agenda. Anyone wishing to provide live public comment may do so in person, or by teleconference by logging onto the Zoom webinar by accessing the following link: <u>https://zoom.us/j/92347908306?pwd=K2k5UGdYSEVXVGNuRGFPZ3pub2kwQT09</u> Note: This option will require a computer with audio and video capabilities and downloading the Zoom application. Additionally, public comment can be submitted via email to <u>rcrane@washoecounty.gov</u> or by leaving a voice message at (775) 433-4912. For the remainder of the agenda, public comment will only be heard during items that are designated "for possible action". Any public comment for items designated "for possible action" will be heard before action is taken on the item and must be about the specific item being considered by the Board. In order to speak during any public comment, each speaker may raise their hand, in person or via zoom, and may be asked to fill out a "Request to Speak" form and/or submit comments for the record to the Recording Secretary. Public comment is limited to three minutes for individual speakers.

**Response to Public Comment**. The Board can deliberate or take action only if a matter has been listed on an agenda properly posted prior to the meeting. During the public comment periods, speakers may address matters listed or not listed on the published agenda. The *Open Meeting Law* does not expressly prohibit responses to public comments by the Board. However, responses from the Board members to unlisted public. On the advice of legal counsel and to ensure the public has notice of all matters the Board will consider, Board members may choose not to respond to public comments, except to correct factual inaccuracies, ask for Staff action or to ask that a matter be listed on a future agenda. The Board may do this either during the public comment item or during the following item: "Agenda Items for the next Board Meeting."

**Special Accommodations**. Persons with disabilities who require special accommodations or assistance at the meeting should notify Ryan Crane, Administrative Secretary Supervisor, at Washoe County Human Services Agency, 1155 E. Ninth Street, Reno, NV 89512, by calling (775) 328-2575 or via email <u>rcrane@washoecounty.gov</u>, prior to the date of the meeting.

How to Get Copies of Agenda and Supporting Materials. Supporting materials for this meeting may be requested by contacting Ryan Crane, Administrative Secretary Supervisor, at Washoe County Human Services Agency, 1155 E. Ninth Street, Reno, NV 89512, by calling (775) 328-2575 or via email at <a href="mailto:rcrane@washoecounty.gov">rcrane@washoecounty.gov</a>. The notice of meeting and agenda as well as supporting materials are also posted online at <a href="https://www.washoecounty.gov/seniorsrv/senior\_services\_advisory\_board/index.php">https://www.washoecounty.gov/seniorsrv/senior\_services\_advisory\_board/index.php</a> and <a href="https://www.washoecounty.gov/seniorsrv/senior\_services\_advisory\_board/index.php">https://www.washoecounty.gov/seniorsrv/senior\_services\_advisory\_board/index.php</a>

**Possible Changes to Agenda and Timing**. Items on the agenda may be taken out of order; combined with other items; removed from the agenda; or moved to the agenda of another meeting. Items with a specific time designation, if any, will not be heard prior to the stated time, but may be heard later.

**Forum Restrictions and Orderly Conduct of Business**. The Senior Advisory Board conducts the business of Washoe County and its citizens during its meetings. The Chair may order the removal of any person whose statement or other conduct disrupts the orderly, efficient, or safe conduct of the meeting. Warnings against disruptive comments or behavior may or may not be given prior to removal. The viewpoint of a speaker will not be restricted, but reasonable restrictions may be imposed upon the time, place, and manner of speech. Irrelevant and unduly repetitious statements and personal attacks, which antagonize or incite are examples of speech that may be reasonably limited.

- 1. CALL TO ORDER [Non-Action Item]
- 2. ROLL CALL AND DETERMINATION OF A QUORUM [Non-Action Item]
- 3. Public Comment [Non-Action Item] Comment heard under this item will be limited to three minutes per person and may pertain to matters both on and off the Advisory Board agenda. The Advisory Board will also hear public comment during individual action items, in which comment will be limited to the specific agenda item. Comments are to be made to the Advisory Board as a whole.
- 4. Member Announcements [Non-Action Item]
- Approval of the Minutes from the Advisory Board Meeting of November 1, 2023 [For Possible Action] Advisory Board members may identify any additions or corrections to the draft minutes as transcribed.
- 6. Discussion and possible action to recommend possible changes to the volunteer goals of the Senior Services Master Plan [For Possible Action] Sue Meuschke Attachment: <u>Matrix senior master plan draft 10 9 231.pdf (washoecounty.gov)</u>
- Presentation, discussion and possible action to recommend possible changes to the food services goals of the Senior Services Master Plan [For Possible Action] – Sue Meuschke, Todd Acker, Jenny Yeager, Lyndsey Langsdale Attachment: 2014 Master Plan - Food insecurity.pdf (washoecounty.gov) Attachment: FINAL\_FSSP.pdf (washoecounty.gov)
- 8. Election of Board Chair, Vice Chair, Secretary, and Treasurer. The board will elect members to serve in leadership positions for a term of 2 years [For Possible Action]
- Discussion and possible recommendation to Director of Human Services Agency to work with NV Maps Food Pantry to support seniors in Washoe County [For Possible Action] – Hawah Ahmad
- 10. Update on Sparks Senior Citizen Advisory Committee regarding their current activities [Non-Action Item] Donald Abbott
- 11. Update on Reno Senior Citizen Advisory Committee regarding their current activities [Non-Action Item] – Izabella Baumann
- Report, discussion, and possible recommendation to the Human Services Agency staff regarding Age Friendly survey distribution and update on surveys collected. [For Possible Action] – Abby Badolato, Human Services Coordinator Attachment: <u>Age Friendly SENIOR SERVICES SURVEY.pdf (washoecounty.gov)</u> Attachment: <u>SENIOR SERVICES SURVEY 2023 Results.pdf (washoecounty.gov)</u>
- 13. Advisory Board Members' announcements, reports, and updates to include requests for information or topics for future agendas [Non-Action Item]. (No discussion among Advisory Board Members will take place on this item.)

14. Public comment [Non-Action Item]

Comment heard under this item will be limited to three minutes per person and may pertain to matters both on and off the Advisory Board agenda. Comments are to be made to the Advisory Board as a whole.

15. ADJOURNMENT [Non-Action Item]

Incline Village Recreation Center

Notice of this meeting and the agenda have been posted at the following locations: Washoe County Administration Building Washoe County Health Department Gerlach Senior Center Sun Valley Senior Center

In compliance with NRS 241.020(4)(b), this agenda has been posted on the Senior Advisory Board's website at:

Incline Village Library

https://www.washoecounty.gov/seniorsrv/senior\_services\_advisory\_board/index.php and https://notice.nv.gov.



#### MINUTES OF THE WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD MEETING

#### November 1, 2023

Washoe County Senior Center, Reno, Nevada 89512 Game Room

#### 1. Call To Order [Non-Action Item]

Meeting was called to order at 3:00p.m. by Chair-Hawah Ahmad.

#### 2. Roll Call [Non-Action Item]

Hawah Ahmad asked for the roll call; Ryan Crane took the roll. There was a quorum present via in person and through Zoom meeting.

#### WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD MEMBERS:

#### PRESENT

Mavis Kay Bonzer Thuy Tran Denise Myer Charles Mark Neumann Adolfo Correa Denise Myer Jane Baudelaire Hawah Ahmad Mary Ann McCauley Patricia Gallimore Michael Clark Pamela Roberts Mac Rossi ABSENT (EXCUSED\*) \*Donald Abbott \*Martha Lavin Casey Reed

#### WASHOE COUNTY STAFF PRESENT

Cara Paoli Abby Badolato Herb Kaplan (DA) Ryan Crane

#### **ADVISOR PRESENT**

Dr. Larry Weiss Connie McMullen Sue Meuschke Donna Clontz **ADVISOR (ABSENT)** Victoria Edmondson

#### 3. Public Comment [Non-Action Item]

Penny Brach from District 2 in Reno, grateful for Commission Clark who continues to express concern that homeless are priority of the County and not seniors. There is no senior center in Reno except the Washoe Co Senior Center. Suggesting we use libraries and community centers for seniors. Asking this body to appeal to the County Commissioners to create senior spaces in Reno and make seniors a priority. Mavis Kay Bonzer wants to thank the staff of the senior center who helps ensure meal service happens. She is wondering why the wall was put up in the Center as it's

disruptive to all the activities. It seems to be in response to the issues the line dancing group was having. This is a unfair to the folks in all the other activities at the center to cater to the line dancing group. People are concerned about the homeless coming to the center but from Mavis Kay's perspective, the people are not homeless but are low income and cannot afford to go other places for meals and should be treated with dignity and respect.

Mike Clark, District 2 Commissioner wants to put a senior center at the Cares campus as 45% of the population at the Cares campus are seniors instead of bussing them to the Washoe Co location. Advocating a focus on seniors with good outcomes and would like to suggest a field trip to the Douglas County senior center to see how they do things.

**4. Member Announcements** [Non-Action Item] Mark Newman suggesting seniors ask "Nevada" for computers vs. working on getting computers for the Sun Valley senior center.

### 5. Approval of the Minutes from the Advisory Board Meeting of October 4, 2023 [For Possible Action]

Mark Newman, motion to approve October minutes Mark rescinds motion Mavis Kay Bonzer indicated the date needed to be updated on the minutes. Mark Newman, motions to approve the amended minutes Thuy Tran seconds motion

6. Report and discussion on NV Maps Food Pantry and possible recommendation to Director of Human Services Agency to work with NV Maps Food Pantry to support seniors in Washoe County [Non-Action Item] – Wendy Colborne, Communication Director and Michalle Hoehn. Northern Nevada Maps Food Pantry was conceived to give back to our local workers and seniors. Every Monday there is a truckload of food that comes in and client get a basket where they can choose what they want. They are intentional about stocking items that are senior friendly. Clients can come once a week for food. Open Monday afternoon and Wednesday morning. Website with Pantry hours and information at NNVMAP.org. You can reach us at info@nnclc.org or reach out to me or Michalle at wendy@bctnn.org or michalle@bctnn.org. Board members are encouraged to visit and tell other folks about the resource. There will be additional holiday hours. Commissioner Clark will donate discretionary funds to this food bank and fully supports it. Address is 1190 Selmi Dr., #100, inside the Teamsters Local 533 union hall.

Hawah is encouraging Human Service Agency to work with our Board to ensure our seniors have access to this food bank resource and consider drafting a resolution for this at a future meeting.

- 7. Update and report on Washoe County Senior Services, Homemaker Program, Nutrition Program, ARPA Funds, and general Senior Services updates. [Non-Action Item] – Cara Paoli, Human Services Division Director Attachment: Data Presentation 11-2023.pdf (washoecounty.gov)
- 8. Update on Sparks Senior Citizen Advisory Committee regarding their current activities [Non-Action Item] Donald Abbott Senior resources event last week with 35 different vendors. A lot of the Sparks seniors don't leave Sparks and appreciated hearing about the resources available at the Center. November 15<sup>th</sup> at 9am at Sparks City Hall.

### **9. Update on Reno Senior Citizen Advisory Committee regarding their current** activities [Non-Action Item] – Izabella Baumann, Engagement Coordinator

Next mtg November 14<sup>th</sup> at 2pm at Reno City Hall. Taking seniors on an outing to Reno Food systems on November 13<sup>th</sup>. Planning a garlic growing workshop as garlic grows well in our climate. November 27<sup>th</sup> is the Care Chest guest speaker.

## **10.** Report, discussion, and possible recommendation to the Human Services Agency staff regarding Age Friendly survey distribution and update on surveys collected. [For Possible Action] – Abby Badolato, Human Services Coordinator

Attachment: Age Friendly SENIOR SERVICES SURVEY.pdf (washoecounty.gov)

Have enough surveys been collected to make this statistically valid? Mark, the statistician is saying basically, no, at least a quarter of the target population would be a good start but it's probably not realistic. Also, people seem to be marking everything as important that makes it hard to prioritize items. He also recommends dividing the results by age group. The age friendly process requires that we collect data before making a plan. When can we use this data to make a plan based on the amount of data? Statistician recommending, we collect 2,000 responses and recommends we promote the survey better. Reno had their survey out a year to collect 500 responses.

Mark Newman made a motion that the survey concludes at 1,000 responses or May 31, 2024, whichever comes first.

Adolfo seconded motion.

All in favor

**11. Presentation, discussion and possible action to recommend possible changes to the Senior Services Master Plan** [For Possible Action] – Sue Meuschke

Attachment: Senior Services Master Plan Recommendations (10-2023) Attachment: Matrix senior master plan draft 10 9 23.pdf (washoecounty.gov) Attachment: Volunteer Goal Matrix.pdf (washoecounty.gov)

Sue asked board members to volunteer to work on one or two of these topics through out the remainder of 2023 and 2024. The following board members volunteered to work on these topics:

- Food Insecurity volunteer board members Hawah and Adolfo
- Home and Community Bases Services –Thuy Tran and Mary Ann
- Social Engagement and Social Isolation Mark Newman and Patrica G
- Affordable and Accessible Housing Denise Meyer and Patrica G
- Neighborhood Supports Mark Newman
- Services, Information and Referral Pam Roberts and Jane Baudelaire
- Legal Services Mac Rossi and Pam Roberts
- Transportation TBD

Donna talked about how easy this is to find speakers for your topic and have them present at a board meeting. Donna had sent an email to various leaders in our community who run volunteer programs (with senior volunteers) inviting them to present their programs to this board which is how they got here today.

Todd Acker works at Washoe Co Senior Services spoke about history of the volunteer program which originally was a way to increase the workforce. It's a rewarding opportunity for the volunteers. They are operating with 50% fewer volunteers based on levels prior to COVID so additional volunteers are needed. Todd is seeing a trend with people not wanting to make long-term commitments to volunteering.

Crissa Markow from the Sanford Center in Reno. They work with several agencies in the area and pair volunteers with opportunities. Their programs rely on volunteers to operate. It is mainly senior volunteers serving other seniors. The volunteer landscape has changed significantly post-COVID. Generally the volunteers are financially stable and healthy and want less structure and flexibility. They want to volunteer with things that align with their values and aren't interested in recognition. Crissa also talked about the importance of expressing the benefits of volunteering as being involved and active is good for longevity. Using websites like Nevada Volunteers, 211 and Volunteer Match have slowly helped them find more volunteers. They have also used television and radio spots to recruit volunteers. Mark Neumann suggested putting volunteer solicitation in the Senior Spectrum magazine. Connie McMullen from Senior Spectrum magazine is willing to take articles from anyone who wants to send information.

Average age of volunteers is 55+ and they are given applicable training for their program. Michelle Rector from Executive Director of Seniors in Service. Foster Grandparent program to at risk youth and Senior Companion Program working with isolated seniors 60 and older who lack resources. Provide a non-taxable stipend to their volunteers and will reimburse for all mileage or provided bus passes. Douglas County hosted a Volunteer Expo for seniors in October. They have really great volunteer retention and the average age of their volunteers is 74. They are funded through AmeriCorp and the State of Nevada Aging.

### 12. Report and update on Citizen Advisory Boards (CABs) meetings attended by board members [Non-Action Item]

Mark Newman said Sun Valley meeting was cancelled. Mark attended the Spanish Springs meeting handed out the new pamphlets on the elderly services

Pam Roberts attends the Palamino Valley meeting but they did not have an October meeting; November 15<sup>th</sup> is the next meeting.

Commissioner Clark would like to take a group to the Douglas County Senior Center. This fieldtrip might require a notice of a possible quorum if 6 or more board members attend.

13. Update, discussion, and possible recommendation to the Human Services Agency Director to approve a new information flyer for Friendly Visitor Call program in Washoe County [For Possible Action] – Donna Clontz & Crissa Markow

Attachment: Friendly Caller Flyer (06-2023).pdf (washoecounty.gov) Tabled for the next meeting.

**14.** Advisory Board Members' announcements, reports, and updates to include requests for information or topics for future agendas [Non-Action Item]. (No discussion among Advisory Board Members will take place on this item.)

Food insecurity goal on the next agenda. Update on the Friendly Visitor call program at the next meeting. NV Maps Food Bank will be on the next agenda as an action item.

Thuy Tran is hosting an event January 19<sup>th</sup> for Sierra Nevada Realtors presenting to seniors on real estate matters from 11:30am – 1:30pm.

15. Public comment [Non-Action Item] - none

16. ADJOURNMENT 5:07PM

Goal	Date	Board Leads	Notes
<u>Goal 1: Volunteers</u> Increase participation of seniors/others who volunteer for seniors; increase volunteers in improve- programs and services that help people of all ages-seniors and others	November Meeting	Thuy Tran & Denise Myer	Guest speakers – Todd Acker, Program Coordinator, Human Services Agency; Crissa Markow , Director, Community Services, Sanford Center for Aging & Michelle Rector, Executive Director, Seniors in Service
Goal 2: A Food Insecurity. Expand seniors' access to food and nutrition services.	December Meeting	Hawah Ahmad & Adolfo Correa	Guest speakers – Todd Acker, Program Coordinator, Human Services Agency; Jenny Yeager,
<u>Goal 3: Home and</u> <u>Community-based</u> <u>Services</u> Ensure the availability of a continuum of care that supports "aging in place."	January Meeting	Thuy Tran & Mary Ann McCauley	
Goal 4: Increase Social Engagement and Reduce Social Isolation. Promote events and activities that support active lifestyles and enrich the lives of isolated seniors.	February Meeting	Charles Mark Neumann & Patricia Gallimore	

Goal 5: Affordable and Accessible Housing Expand housing options to help seniors "age in place. "	March Meeting	Denise Myer & Patricia Gallimore	
<u>Goal 6: Neighborhood</u> <u>Supports.</u> Strengthen neighborhood supports that encourage seniors to "age in place. "	April Meeting	Charles Mark Neumann & Mavis Kay Bonser	
<u>Goal 7: Services</u> <u>Information and</u> <u>Referrals</u> . Assure that <del>all</del> more seniors are aware and have access to the information and services that enable them to live healthy, safe, and productive lives	May Meeting	Pam Roberts & Jane Baudelaire	
<u>Goal 8: Legal Services</u> Provide legal advice and representation to protect the rights of seniors and <del>eliminate</del> reduce fraud and abuse perpetrated against them.	June Meeting	Mack Rossie & Pam Roberts	

Goal 9: Transportation	July	TBD	
Expand public and private transportation options that allow seniors to live independently.	Meeting		

#### **Goal 3: Food Insecurity**

Expand seniors' access to food and nutrition services.

**VISION:** Every Washoe County senior will have adequate food and nutritious meals to maintain their health.

**OBJECTIVE:** Expand food services on the following schedule:

- In FY 2014, provide current Home Delivered Meals (HOM) (aka "Meals on Wheels"ii) clients a second meal option (an additional 60,000 meals annually served)
- In FY 2015, Increase HOM participants to 600 individuals (an additional 60,000 meals served annually)
- In FY 2016, Increase HOM participants to 750 individuals (an additional 91,000 meals served annually)

#### **STRATEGIES:**

- Maximize participation in Washoe County Congregate and Home Delivered Meal Programs and food distribution services.
- Explore strategies for minimizing the cost per meal.
- Explore strategies for engaging the community, non-profits, and retail outlets in expanding options for accessing food.
- Promote partnerships with non-profit and religious organizations that provide food.

#### **ACTION PLANS:**

- Expand Home Delivered Meals funding and food availability to ensure that clients have more than one meal a day.
- Advertise Home Delivered Meals and the Congregate Meal Program through various media, presentations, and other outreach strategies.
- Reduce cost of meal production by using volunteers to deliver home delivered meals.
- Support supermarkets in home delivery of groceries and continued access of Farmer's Market vouchers.
- Evaluate the demand for food services and effectiveness of program operation.
- Evaluate kitchen capacity to prepare and serve increasing numbers of meals.

## **Nevada Department of Health & Human Services**

# Food Security Strategic Plan 2023

The last few years have been a challenging time for many Nevadans. The COVID-19 pandemic wreaked havoc on the health, economic livelihood, and well-being of Nevadans living in our rural, urban, and tribal communities. Chief among the difficulties was increased food insecurity, particularly as schools and senior centers closed their doors.

Though there were challenges, the pandemic revealed the strength and responsiveness of our food security ecosystem. Food banks in Nevada added capacity and embraced new ways of delivering food to service providers and organizations for distribution. School districts that closed cafeterias quickly moved to drive-by meal pick-up or deliveries by school bus. Our resilient nonprofit organizations provided pop-up food pantries and other ways to help families in need.

Conversely, the pandemic underscored existing gaps and revealed new ones. The supply chain challenges experienced during the pandemic emphasized the importance of growing more food locally. The need to transport large amounts of food efficiently and increase storage and refrigeration revealed the need to invest in Nevada's logistics, distribution, transportation, and storage systems, especially for rural and tribal communities.

The Nevada Department of Health and Human Services Office of Food Security is tasked with regularly updating the Nevada Food Security Strategic Plan. The Nevada Food Security Strategic Plan (2023) is an approach that can be used by all entities to promote food security efforts across Nevada. The Office of Food Security is pleased to present the Nevada Food Security Strategic Plan (2023) that has been informed by the lessons learned from the pandemic to build on our momentum and lean on the innovation and growing capacity of partners. The Nevada Food Security Strategic Plan (2023) has five core themes that are foundational to the work that will be undertaken in the years to come. The themes on which this strategic plan is built are:

LEAD systems change to improve food security through greater collaboration, information-sharing, and policy development efforts.

**GROW** local Nevada food sources.

FEED Nevada's population at higher risk for food insecurity.

**REACH** populations in Nevada who are experiencing food insecurity and/or who are at higher risk for food insecurity with nutrition-dense, affordable and culturally appropriate foods.

**BUILD** Nevada's food security ecosystem by increasing capacity and education.

The strategic plan was informed by an inclusive process that captured input over a nine-month period spanning 2021-2022 by a working group consisting of food security ecosystem experts, a statewide survey of both service providers and end users, focus groups, and interviews.

The Nevada Food Security Strategic Plan (2023) demonstrates a continued commitment to lead conversations with a broad set of food security ecosystem stakeholders; discuss policies that help reduce food insecurity; and create ideas to build capacity of agencies, nonprofits, and families. While this plan leverages the work already undertaken and will serve as the guiding strategy for food security ecosystem stakeholders, it is not defined just by goals. Rather, it is defined by the commitment and actions by those – individually and collectively, and by the Silver State's potential to build healthier communities.

## Acknowledgments

The Nevada Department of Health and Human Services (DHHS) Division of Public & Behavioral Health (DPBH) Office of Food Security (OFS) would like to thank the many partners who participated in and contributed to the food security strategic planning process that led to the development of the Food Security Strategic Plan (2023).

## **Office of Food Security Leadership Team**

Kyle Devine, MSW	Chief, Bureau of Child Family and Community Wellness (BCFCW)
Sarah Rogers, MPH, NDTR, CLC	Nutrition Unit Deputy Chief, BCFCW
Katherine E. Wright, PhD, MPH	Food Security Coordinator - CDC Foundation Contractor
Lori Taylor, MSW	Food Security & Wellness Manager
Journee Baham, MPH	Health Equity Coordinator
Godwin Nwando, MPH	Health Equity Manager
Lily Helzer, MPH	Chronic Disease Prevention and Health Promotion Section Manager

## **Strategic Planning Working Group**

**Carlos** Carillo Chris Gleim Three Square Amanda Jerzak Kerry Kelly Melinda Kirrane **Reno Food Systems** Lyndsay Langsdale

Catholic Charities of Northern Nevada Food Bank of Northern Nevada Food Bank of Northern Nevada Featherblade Craft Butchery

Barbara Monroy Sarah Sanchez **Steve Schmitt** Jennifer Tallerico **Regis Whaley** 

**Community Pantry** Carson Valley Community Food Closet Catholic Charities of Southern Nevada Catholic Charities of Northern Nevada Three Square

The Office of Food Security (OFS) would also like to thank The Blueprint Collaborative and Guinn Center for facilitating the planning process and drafting this report.

\*There were also almost sixty individuals from across the state who participated in a facilitated strategic planning session on May 24th, 2022. A list of participants can be found in Appendix C.



INTRODUCTION 04	A COMPELLING NEED 06	NEVADA FOOD Security Strategic Planning Process
NEEDS ASSESSMENT FINDINGS	THE STRATEGIC PLAN 14A. LEAD15B. GROW16C. FEED17D. REACH18E. BUILD19	RECOMMENDED Systematic Approaches
EVALUATION PLAN 23	CONCLUSION 25	APPENDICES A. APPENDIX A: STRATEGIC PLAN IMPLEMENTATION GUIDE B. APPENDIX B: STRATEGIC PLAN ROLES & RESPONSIBILITIES C. APPENDIX C: STRATEGIC PLANNING

Tables & Figures Figure 1. Structural Barriers Faced by Individuals Who are Food InsecureFigure 2. Barriers Limiting Use of Emergency Food ResourcesFigure 3. Challenges Accessing Emergency Food ResourcesFigure 4. Purchasing Food Versus Paying for Other ExpensesFigure 5. Expenses Which Make It Difficult to Purchase Food Every Month

08

20

26

37

46

SESSION PARTICIPANT LIST MAY 24, 2022

## Introduction —

Food insecurity is defined as a "condition in which the food intake of one or more household members is reduced and their eating patterns disrupted at times because the household lacked money or other resources for obtaining food."<sup>a</sup> Food insecurity – particularly over long periods of time – is a significant public health concern associated with adverse health outcomes and a poor quality of life, including chronic diseases and mental health issues.

In the aftermath of the Great Recession of 2008, realizing the profound impact it had on families and individuals across Nevada, the State moved swiftly to address hunger and food insecurity. To respond to the acute needs of our communities in different corners of Nevada, State and local government agencies and partners sought to build an infrastructure and strengthen the overall food security ecosystem. To focus efforts, the Nevada Department of Health and Human Services (DHHS), in 2013, drafted its first strategic plan, Food Security in Nevada: Nevada's Plan for Action, 2013-2017. A year later, then-Governor Brian Sandoval established the Governor's Council on Food Security (CFS) within the newly created Office of Food Security (OFS) at DHHS to "implement the goals of the Food Security Plan and effectively improve the quality of life and health of Nevadans by increasing food security throughout the State."<sup>b</sup> In 2017, DHHS created the Nutrition Unit within the DHHS Division of Public and Behavioral Health (DPBH), which is comprised of OFS, the Chronic Disease Prevention and Health Promotion (CDPHP) Section, Women, Infants and Children (WIC), and the Supplemental Nutrition Assistance Program – Education (SNAP-Ed). The Nutrition Unit was created to "enhance statewide nutrition services, including education, and work collectively to improve health outcomes for all Nevadans."<sup>c</sup>

The CFS was codified in the 2019 (80th) Nevada Legislative Session (Nevada Revised Statute 232.4966), and "has provided a platform for stakeholders and subject-matter experts to make recommendations to state agencies on addressing food insecurity in Nevada and has enhanced connectivity among food security initiatives and partners."<sup>d,e</sup> CFS has successfully promoted several pieces of legislation designed to reduce food insecurity among school-aged children and seniors. Additionally, the DHHS Food For People, Not Landfills Program (FFPNL) was passed in 2019 to increase food security through food waste reduction (see NRS 232.4963).

a. State of Nevada Council on Food Security. 2021 Annual Report. https://dpbh.nv.gov/uploadedFiles/dpbhnvgov/content/Programs/0FS/GCFS\_Meetings/2021/2021%20CFS%20Annual%20Report\_Draft.pdf b. State of Nevada Council on Food Security. 2019 Annual Report. https://dpbh.nv.gov/uploadedFiles/dpbhnvgov/content/Programs/GCFS/Meetings/2019%20CFS%20Annual%20Report\_FINAL.pdf c. State of Nevada Council on Food Security. 2019 Annual Report. https://dpbh.nv.gov/uploadedFiles/dpbhnvgov/content/Programs/GCFS/Meetings/2019%20CFS%20Annual%20Report\_FINAL.pdf d. State of Nevada Council on Food Security. 2021 Annual Report. https://dpbh.nv.gov/uploadedFiles/dpbhnvgov/content/Programs/GCFS/Meetings/2021/2021%20CFS%20Annual%20Report\_FINAL.pdf d. State of Nevada Council on Food Security. 2021 Annual Report. https://dpbh.nv.gov/uploadedFiles/dpbhnvgov/content/Programs/OFS/GCFS\_Meetings/2021/2021%20CFS%20Annual%20Report\_Draft.pdf Included among the specific duties of the Council on Food Security, which owns the Food Security Strategic Plan, are: (1) Develop, coordinate and implement a food system that will: (a) Partner with initiatives in economic development and social determinants of health; (b) Increase access to improved food resource programs; (c) Increase participation in federal nutrition programs by eligible households; and (d) Increase capacity to produce, process, distribute and purchase food in an affordable and sustainable manner. (2) Hold public hearings to receive public comment and to discuss issues related to food security in this State. (3) Serve as a clearinghouse for the review and approval of any events or projects initiated in the name of the [Strategic] Plan. (4) Review and comment on any proposed federal, state or local legislation and regulation that would affect the food policy system of this State. (5) Advise and inform the Governor on the food policy of this State. (6) Review grant proposals and alternative funding.



In 2021, OFS began the work of updating the Nevada Food Security Strategic Plan.<sup>f</sup> CFS is the entity that oversees the Nevada Food Security Strategic Plan, 2023, and OFS is tasked with supporting and overseeing the implementation of the objectives, strategies, and tactics. The food security ecosystem in Nevada consists of a wide range of partners, including but not limited to state and local government agencies, nonprofit and private sector service providers, farmers, grocers, educational institutions, and community members- many of whom have specific roles and responsibilities in reducing hunger.

A healthy food security ecosystem includes members who can invest in and be active in the well-being of the community at multiple levels. Government agencies and service providers must **lead** collaboration and cooperation across the entire ecosystem, help inform the development of effective policies, and seek out and advocate for resources to support programs designed to alleviate hunger. The ecosystem includes small farmers who can **grow** and locally supply our food system with nutrition-dense and sustainable specialty crops and work with school districts to provide fresh fruits and vegetables for students' meals, as well as community and school gardens. Nevada's food security ecosystem includes a vast network of effectively organized supply, transportation, and distribution systems that can **feed** members of Nevada's frontier, rural, and tribal communities with affordable and nutrition-dense foods. A healthy food security ecosystem can reduce hunger by ensuring community members who are experiencing food insecurity or are at higher risk of food insecurity can **reach** and secure affordable and nutrition-dense foods without significant barriers and without regard for where they live. A healthy food security ecosystem enables more families to purchase nutritious and culturally appropriate ingredients that allow them to prepare wholesome meals. In a healthy food security ecosystem, service providers from across the state seek to build their own capacity while helping their clients obtain food and nutrition resources and connect with additional services that can help **build** lives and address the root causes of hunger. In short, by leveraging our state's assets and relationships, Nevada's many partners can vastly reduce food insecurity and help eliminate the hunger gap.

The objective of the Nevada Food Security Strategic Plan (2023) is to identify specific strategies that leaders from government entities and the private and nonprofit sectors can work on to address the root causes and negative impacts of hunger and food insecurity and improve the overall food security ecosystem of the Silver State.

e. Included among the specific duties of the Council on Food Security, which owns the Food Security Strategic Plan, are: (1) Develop, coordinate and implement a food system that will: (a) Partner with initiatives in economic development and social determinants of health; (b) Increase access to improved food resource programs; (c) Increase participation in federal nutrition programs by eligible households; and (d) Increase capacity to produce, process, distribute and purchase food in an affordable and sustainable manner. (2) Hold public hearings to receive public comment and to discuss issues related to food security in this State. (3) Serve as a clearinghouse for the review and approval of any events or projects initiated in the name of the [Strategic] Plan. (4) Review and comment on any proposed federal, state or local legislation and regulation that would affect the food policy system of this State. (5) Advise and inform the Governor on the food policy of this State. (6) Review grant proposals and alternative funding Sources as requested by the Director to provide recommendations for funding the [Strategic] Plan. (7) Develop new resources related to the [Strategic] Plan. (8) Advise, assist and make recommendations to the Director for the creation and administration of the Program, and (9) On or before January 31 of each year submit an annual report to the Director of the Legislative Counsel Bureau concerning the accomplishments and recommendations of the Council concerning food security.

f. The Office of Food Security contracted with The Blueprint Collaborative, who partnered with the Guinn Center, to design, oversee, and manage the strategic planning process resulting in a draft 2023 Nevada Food Security Strategic Plan.



## A Compelling Need — — —



The 2008 Great Recession affected the economic livelihood of many Nevada families and resulted in a combination of higher levels of food insecurity throughout Nevada's rural, urban, and tribal communities. In subsequent years, government leadership; stronger collaboration among agencies, nonprofits, and providers; as well as additional federal, state, and private resources and focus, resulted in reducing hunger and food insecurity. Evaluations documented real gains. For example, in 2016, "Nevada was one (1) of 16 states to experience a significant decrease in food insecurity. From 2016-2019, only one (1) in eight (8) Nevadans remained food insecure."<sup>g,h</sup>

Unfortunately, in 2020 the coronavirus pandemic (COVID-19) unleashed another cycle of economic devastation upon many Nevada families. The rapid rate at which economic insecurity spread, the nature of the challenges prompted by this public health disaster, and the far-reaching impacts exacerbated existing gaps and revealed new ones within Nevada's food security ecosystem.

Recent data from *Feeding America*, which collects state-level information on hunger, ranks Nevada eighth (8th) nationally among states with the highest projected overall food insecurity rates in 2021 - at 15.2 percent. While this reflects a decrease from a 2020 projected rate of 17.1 percent, it represents an increase from 12.1 percent in 2019. Additionally, Feeding America data reveals that food insecurity rates in Nevada increased 24.8 percent between 2019 and 2021. This increase in the food insecurity rate was driven largely by significant increases in unemployment during COVID-19. Similarly, Nevada is ranked eighth nationally among states with the highest projected rates of very low food insecurity in 2021 (6.2 percent) compared to 2019 actuals of 2.8 percent. Very low food insecurity rates in Nevada have increased roughly 29.2 percent between 2019 and 2021.

g. Alisha Coleman-Jensen, Matthew P. Rabbitt, Christian A. Gregory, and Anita Singh. Household Food Security in the United States in 2016. U.S. Department of Agriculture. https://www.ers.usda.gov/webdocs/publications/84973/err-237.pdf

h. Alisha Coleman-Jensen, Matthew P. Rabbitt, Christian A. Gregory, and Anita Singh. Household Food Security in the United States in 2018. U.S. Department of Agriculture 7 https://www.ers.usda.gov/webdocs/publications/94849/err-270.pdf?v=1893.2



*Feeding America* also reported that, in 2021, Nevada ranked fifth in the nation among states with the highest projected child food insecurity rates at 23.0 percent, compared to 17.7 percent in 2019 prior to COVID-19. In Nevada, child food insecurity rates increased 30 percent between 2019 and 2021, reflecting the impacts of the public health crisis which witnessed the closure of schools, a source of regular meals for many school-aged children. In 2021, Nevada ranked second nationally (tied with Hawaii) among states with the highest projected rates of children in very low food insecurity in 2021 (8.1 percent) compared to 6.3 percent in 2019. The rates of children identified as very low food security increased 28.6 percent between 2019 and 2021. While food insecurity may be harmful to individuals of all ages, it can be especially devastating to children. Food insecure children are more likely to repeat a grade in elementary school, experience developmental impairments in areas like language and motor skills and have more social and behavioral problems.

On the opposite end of the age spectrum, some seniors in Nevada are also vulnerable to food insecurity. In 2017, it was estimated that 14.8 percent of older Nevadans were food insecure. About 80,000 Nevadans ages 60 and older were identified as food insecure. Data projections suggest that Nevada will witness a 36 percent increase in the older adult population over the next ten years. Thus, it is estimated that by 2025, almost 100,000 older Nevadans will need nutrition/ emergency food services.<sup>i</sup> Studies have also documented the link between food insecurity and poor health among older individuals. Food insecurity is a strong predictor of poor health and disease, such as heart disease, stroke, lung disease, and diabetes, and impacts the ability of the individual to age in place.<sup>j</sup>

Illustrating the degree of food insecurity, many Nevadans participate in federal supplemental nutrition programs. According to the Center on Budget and Policy Priorities, in Fiscal Year 2021, 453,300 Nevada residents, or 14 percent of the state population (1 in 7) received Supplemental Nutrition Assistance Program (SNAP) funds.<sup>k</sup> Of the individuals who participate in SNAP, almost 62 percent are in families with children. More than 30 percent are in families with members who are older adults or have disabilities. And 44 percent of SNAP recipients are in working families. In recent years, Nevada has successfully increased the number of eligible individuals participating in SNAP. In 2018, 92 percent of eligible individuals participated in SNAP, up from 61 percent in 2009. However, senior SNAP participation in Nevada's rural and small towns lags the national average.

i. Nevada Office of Food Security. 2018. Nutrition Programs for Older Nevadans and Preliminary Recommendations. Seniors.

https://dpbh.nv.gov/uploadedFiles/dpbhnvgov/content/Programs/GCFS/dta/Publications/Nutrition%20Programs%20for%20Older%20Nevadans(2).pdf

j. Nevada Office of Food Security. 2018. Nutrition Programs for Older Nevadans and Preliminary Recommendations. Seniors.

https://dpbh.nv.gov/uploadedFiles/dpbhnvgov/content/Programs/GCFS/dta/Publications/Nutrition%20Programs%20for%200lder%20Nevadans(2).pdf

k. Center on Budget and Policy Priorities. Nevada Supplemental Assistance Program. https://www.cbpp.org/sites/default/files/atoms/files/snap\_factsheet\_nevada.pdf

## Nevada Food Security Strategic Planning Process

This strategic plan reflects input gathered from public, private, and nonprofit representatives across Nevada. The relationships among the food ecosystem activities and strategies to establish long-term food security are complex. Therefore, effectively addressing food security in Nevada requires various programs to function together efficiently as a hunger and nutrition safety net, while building a system to ensure they complement and supplement each other. To this end, the Nevada Department of Health and Human Services contracted The Blueprint Collaborative, who partnered with the Guinn Center, to facilitate a comprehensive strategic planning process to address the issue of food security in Nevada. The process was initiated July 2021 and completed November 2022.

A Food Security Working Group was created to oversee and provide input to the strategic planning process. Two surveys were designed and administered: one for service providers and a second for end users of the food security ecosystem. In addition, three work groups were created to address specific core areas of food security in Nevada. The information collected was used to inform a needs assessment.

A number of activities took place in the development of this plan. They included:

- **Surveys** Surveys were distributed electronically and made available in hard copy via list serves, food banks, meals on wheels programs, state agencies and nonprofit providers.
- Strategic Planning Sessions More than 30 agency, service provider, and advocate partners participated in a half-day strategic planning session. This was followed by five strategic planning sessions focused on elaboration of each pillar of the strategic plan.
- Focus Groups and Interviews Four focus groups were conducted with service providers, seniors, Latino community members, and members from Nevada's tribal communities. Additionally, one on one interviews were conducted with partners in the food security ecosystem.

#### Participation was broad and diverse:

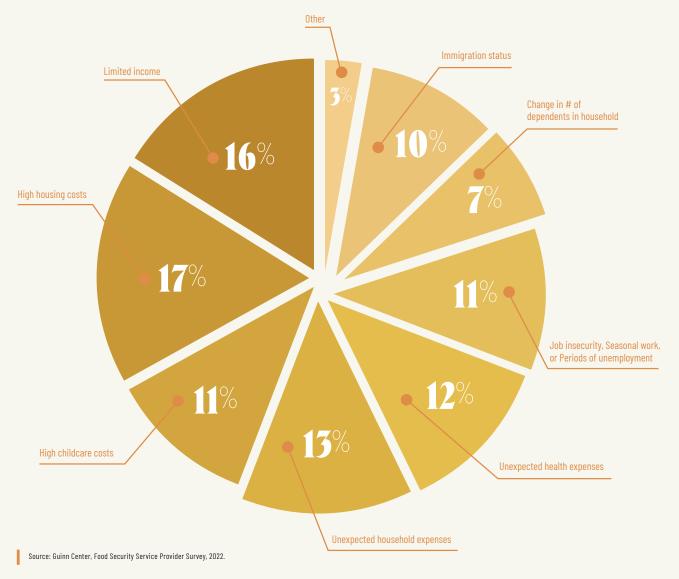
- More than 1,000 community members provided input via surveys
- About 70 service providers of emergency food and resources completed a survey
- 35 participants, representing the public and private sectors across Nevada, took part in a strategic planning session
- 27 participants, representing the public and private sectors, participated in strategic planning sessions around each goal
- Approximately 30 participants participated in several specific focus groups and key informant interviews.

In early 2022, the two surveys referenced above were designed to assess both need and gaps in Nevada's existing food security ecosystem. One survey was distributed to service providers in Nevada – meaning those nonprofits and agencies that provide emergency food services (e.g., food pantries, senior meals programs, community gardens). A second community survey was distributed to community members who may have participated in a food distribution program and/or sought emergency food resources. The community survey was offered in both English and Spanish. More than 70 service providers from across the state and 1,000 individuals completed the surveys. Survey participants hailed from Nevada's rural, urban, and frontier communities.

## Needs Assessment Findings Current Challenges to Food Security in Nevada



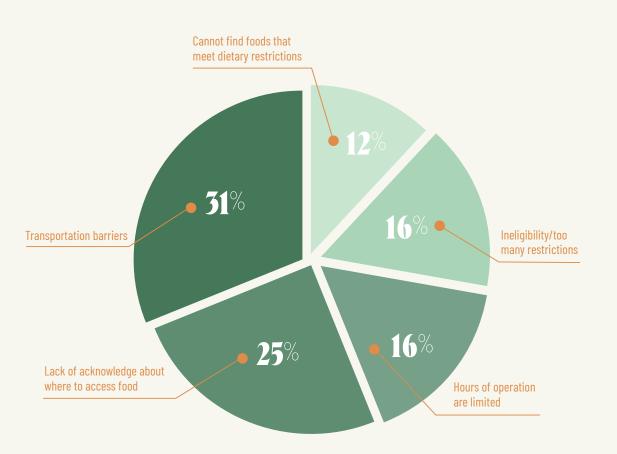
The provider survey asked service providers in Nevada the following question: What are the (structural) barriers faced by individuals or families who are food insecure? The most frequently cited reasons were high housing costs (17 percent) followed by limited income (16 percent), unexpected household expenses (13 percent), unexpected health expenses (12 percent), and high childcare costs and job insecurity/periods of unemployment, (both tied at 11 percent), and other (3 percent) (see Figure 1):



#### **Figure 2. Barriers Limiting Use of Emergency Food Resources**

Service providers were also asked: What barriers limit people's use of emergency food resources? Almost one-third **(31 percent)** of respondents identified transportation issues as a major barrier to accessing emergency food resources (see Figure 2). One quarter **(25 percent)** of providers shared that community members lacked knowledge about where to access emergency food resources. Approximately **16 percent** of service provider respondents noted that community members faced challenges accessing emergency food resources due to limited hours of operation of emergency food operators and/or due to restrictions or requirements making them ineligible to receive services.

The survey of community members revealed similar barriers and gaps in accessing emergency food resources as those reported by service providers. Community members were asked: If you needed food in the last year but could not get it, what are some of the problems you faced in getting food? Almost one-fifth **(18 percent)** of community members indicated that they could not access emergency food resources because they were ineligible for benefits (see Figure 3). About **12 percent** reported that they did not access emergency food resources due to shame or embarrassment in seeking assistance. And **11 percent** of community members identified each of the following as barriers to accessing food resources: (1) transportation barriers, (2) hours of operation of emergency food pantries conflict with work schedules, and (3) a lack of information about how and where to access emergency food resources.



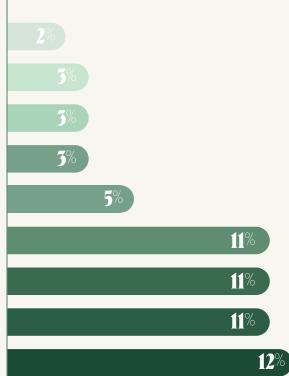
Source: Guinn Center, Food Security Service Provider Survey, 2022.

I. According to Pew Research Center, as of 2016, Nevada has the highest number of unauthorized immigrants as a share of the total population (7.1 percent), followed by Texas (5.7 percent) and California (5.6 percent). https://www.pewresearch.org/hispanic/interactives/u-s-unauthorized-immigrants-by-state/

#### **Needs Assessment Findings**

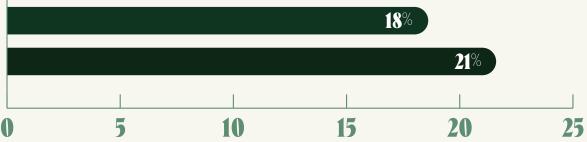
#### **Figure 3. Challenges Accessing Emergency Food Resources**

Language barriers Concern about immigration status Disability Too difficult to find resources for people of Concern about dealing with the Did not know who to contact or where to Work during hours that services are open Transportation issues Shame or embarrassment in seeking Not eligible for benefits Does not apply



As stated previously, food insecurity is characterized by reduced food intake and/or a disruption of eating patterns by one of more household members because the household lacks money or other resources for obtaining food. The recent 2022 survey of Nevada community members also revealed some of the current challenges that are straining household budgets and making it more difficult to purchase food.

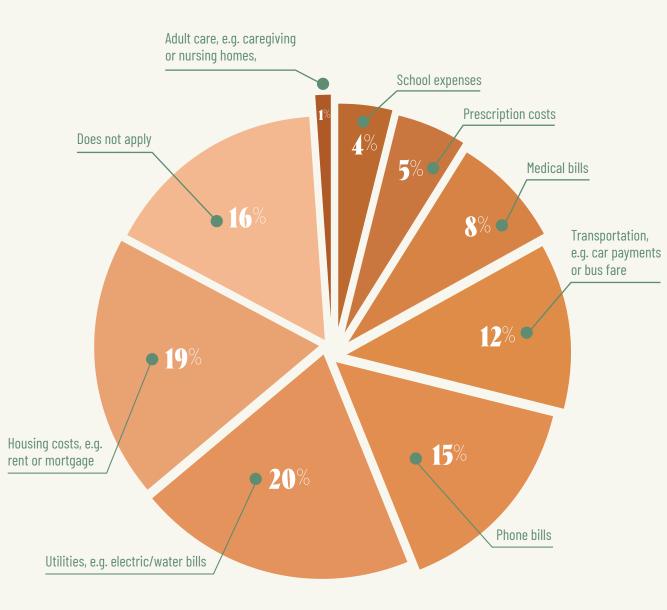
The survey asked community members: In the last year, have you ever had to choose between paying for food and paying for any of the following things? One-fifth **(20 percent)** of community members indicated that they had to choose between paying for food or paying a utility bill (see Figure 4). Approximately **19 percent** of respondents shared that their household had to choose between paying for food or paying housing costs (e.g., rent or mortgage). About **15 percent** said they had to choose between paying for food or paying a phone bill. And **12 percent** indicated they had to choose between paying for food or for transportation costs (e.g., car repairs, taxis).



Source: Guinn Center. Food Security Service Provider Survey. 2022.

#### **Needs Assessment Findings**

#### **Figure 4. Purchasing Food Versus Paying for Other Expenses**



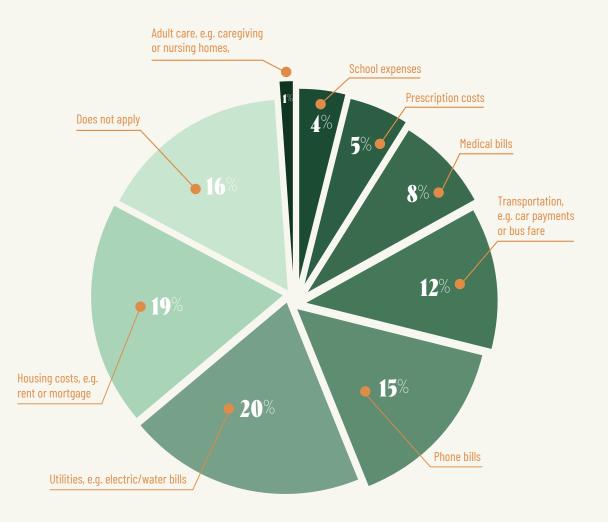
Similarly, the survey administered as part of this strategic planning process asked community members the following: In the last year, which of the following have made it very difficult to purchase food every month? One-fifth (20 percent) stated that utility bills had made it difficult to purchase food every month (see Figure 5). Slightly less (19 percent) of community members indicated that housing costs (e.g., rent, mortgage) had made it difficult to purchase food every month. And 15 percent reported that phone bills had made it difficult to purchase food every month, followed by transportation costs (12 percent).

Source: Guinn Center. Food Security Service Provider Survey. 2022.

#### Figure 5. Expenses Which Make it Difficult to Purchase to Food Every Month

Almost **80 percent** of service providers indicated that there are "gaps in the food security system" and "unmet needs among those who face food insecurity." The gaps most frequently identified by providers in the open response question were:

- Eligibility restrictions that affect families and children who are not legal residents of the U.S., in particular
- Lack of information about where to access emergency food services/resources
- A fragmented, siloed emergency food system
- Challenges facing older, isolated seniors to access emergency food resources and services, particularly in Nevada's rural, frontier, and tribal communities
- Inadequate funding of social services that is unable to meet growing demand
- Lack of access to fresh food; lack of availability of fresh food at food banks/pantries
- Lack of nutrition-dense foods at food banks/pantries



Source: Guinn Center. Food Security Service Provider Survey. 2022.

m. Nevada Office of Food Security Strategic Planning Process Survey. 2022. Designed by the Guinn Center, in partnership with The Blueprint Collaborative.

## 

The Nevada Food Security Strategic Plan is a systemic plan that is intended to be used by all partners to promote food security efforts across Nevada. The Council on Food Security (CFS) assures progress and guidance of the plan, and the OFS will carry out the plan with its partners as it seeks to increase access to nutrition-dense and affordable food for populations who are at increased/higher risk for food insecurity.

There are three components that make up the Nevada Food Security Strategic Plan 2023:

- Narrative (background, needs assessment, challenges)
- Implementation Guide (goals, objectives, strategies, timeline, benchmarks, roles, funding)
- Roles & Responsibilities (specific to departments, agencies, and partners)

The following pages introduce the framework of the Strategic Plan and includes an in-depth section for each of the themes that make up the plan. The complete Food Security Implementation Guide and Food Security Strategic Plan Roles and Responsibilities are included as Appendices A and B.

## **Themes of the Plan**

There are five foundational themes ("pillars") of the Nevada Food Security Strategic Plan. Each core pillar outlines the objective of the collective efforts. For each pillar, the strategic plan outlines goals that are supported by strategies, tactics, benchmarks, a timeline for implementation, identified ownership or

responsible party for implementation and/or monitoring of the action, the roles that partners may play, and information that indicates whether funding may be needed to implement the action. The pillars on which this strategic plan is built are as follows:





Lead systems change to improve food security through greater collaboration, information-sharing, and policy development efforts.



Grow Nevada local food sources.





at increased/higher risk for food insecurity.





Reach populations in Nevada that are experiencing food insecurity and/or that are at increased/higher risk for food insecurity with nutrition-dense and affordable and culturally appropriate foods.



Build Nevada's food security ecosystem by increasing capacity and education.

#### The Strategic Plan

## **Pillar One: Lead**

Improving food security and reducing hunger in Nevada will require greater collaboration, information-sharing, and coordinated efforts. Food security ecosystem partners have identified a lack of collaboration among government agencies. In the survey of food security service providers, almost 30 percent of respondents did not agree that "there is alignment and collaboration among state and non-state agencies to strengthen statewide food security strategies." There was mention of a lack of coordination and the absence of opportunities to "come together to set common goals and coordinate service and support across communities." To address the current gaps, food security leaders across the state of Nevada seek to LEAD systems change to improve food security through greater collaboration, information-sharing, and policy development efforts across various partners and levels of government. These efforts will enable improvements in systems, organizations, and processes designed to reduce hunger.

Collectively, the strategies articulated in the Nevada Food Security Strategic Plan will help improve cooperation across the food security ecosystem with the goal of securing greater federal, state, and private resources to fund much-needed hunger alleviation programs and identifying sound, sensible policies that will support the efficient and effective delivery of services and programs. Policies will be developed with greater representation and input of individuals who face higher risk of food insecurity and/or lived experience with housing insecurity. OFS will lead most of the strategies identified in the strategic plan and those efforts, in partnership with ecosystem partners.



The following table highlights the goals and objectives that have been determined for the LEAD pillar. Additional information essential to the implementation of the LEAD pillar is included in the Implementation Guide (Appendix A).

**Lead Goal 1:** Enhanced cooperation, communication, and representation to support policy development and resource utilization.

**Objective I:** Improve collaboration, communication, coordination, and information-sharing among food ecosystem partners.

**Objective II:** Increase representation of partners from transportation and housing sectors, tribal communities, and those who have lived experience with food insecurity in decision-making processes related to food security.

### **Lead Goal 2:** Policies and funding are in place to help reduce food insecurity.

**Objective I:** Seek funding to support programs and initiatives to reduce food insecurity, expand the availability of and accessibility to food, and improve the affordability of food.

**Objective II:** Support state and federal grant applications that will direct funding to food security programs by improving data and collection and evaluation.

For the Lead pillar, we will know we have been successful when grant funds for food security have increased, food security service delivery has increased, the individual food insecurity rate has been reduced, and the funds from SNAP-Ed have been maximized.

#### The Strategic Plan

### **Pillar Two: Grow**



The recent pandemic revealed gaps in Nevada's food security ecosystem. In particular, the supply chain challenges experienced by Nevada, underscored the need to strengthen and scale Nevada's ability to feed its population. Confirming the system gaps, only 37 percent of survey respondents believed that "Nevada's use of local foods to address food insecurity is excellent or good." Small farmer partners identified a need for additional resource support, stronger relationships with government partners, and opportunities to share information across the ecosystem. To address this gap, Nevada's food security ecosystem partners seek to GROW our own local food sources asserting that the increased production of local foods will help reduce Nevada's increased vulnerability to supply chain disruptions. Increasing local production will require expanded and/or new (federal and state) funding mechanisms and greater collaboration across agricultural partners, including small urban and large rural producers of specialty crops, federal agencies (particularly the U.S. Department of Agriculture), the Nevada Department of Agriculture, and nonprofit partners.

#### Grow Goal 1: Nevada feeds itself and local food is consumed locally.

**Objective I:** Strengthen Nevada's food security supply chain and food system.

**Objective II:** Support the expansion of state/local programs that promote the consumption of locally produced agricultural goods.

**Grow Goal 2:** Nevada's local farmers have access to information, capital, and programs to support food production.

**Objective I:** Strengthen communication and collaboration among farmers and ranchers in Nevada, particularly small producers, to raise awareness about programs and resources.

**Objective II:** Help advance access to capital, or innovative programs that clear roadblocks to local food production.

For the Grow pillar, we will know we have been successful when Nevada has increased locally grown food.

## **Pillar Three: Feed**

A healthy food security ecosystem is one that is able to deliver food to people. Nevada is a highly urbanized state meaning that almost 89% of its people and infrastructure are concentrated in its urban population centers in the Las Vegas and Reno/Sparks metropolitan areas. As such, some communities in Nevada are more vulnerable to logistical challenges. In the survey of food service providers, almost 30 percent of respondents indicated that transportation barriers limited a person's use of emergency food resources. Additionally, because they may have to travel greater distances to buy groceries, people who live in remote (e.g., frontier or tribal) communities must sometimes add significant mileage expenses to the cost of obtaining their food. Some rural communities only have one location to buy groceries, which may contribute to higher food prices and less food variety. Seniors who have reduced mobility may also have a reduced ability to access food. All of these logistical factors contribute to the variation of costs associated with obtaining fresh produce and nutrition-dense products and are particularly significant in Nevada.

The recent public health crisis and the extent to which it affected every region in the state placed greater pressure on Nevada's ability to deliver emergency food resources to a greater number of people, many of whom were at higher risk of food insecurity. The economic crisis also exacerbated challenges in the distribution system between the regional food banks and local partners. Food security leaders across the state seek to FEED Nevada's population at increased/higher risk for food insecurity by improving systems that distribute food to people and use resources more efficiently. Food ecosystem partners are prepared to come together to explore ways to improve and strengthen Nevada's logistics, distribution, transportation, and storage systems. The anticipated efforts in the years to come, as outlined in the Nevada Food Security Strategic Plan, will build upon ongoing efforts, including but not limited to a recent Nevada Department of Agriculture grant that will support improvements in distribution systems to deliver food to areas of higher and unmet need.



**Feed Goal 1:** Nevada has efficient logistics, distribution, transportation, and storage systems to address food insecurity.

**Objective I:** Help advance improvements in the food logistics, distribution, transportation, and storage systems and funding for those systems with the goal bringing food to people to address food insecurity while creating a sustainable food ecosystem that values workers, consumers, and the land.

**Objective II:** Support new strategic partnerships that can assist with transportation needs and efforts to distribute food to people, particularly individuals at increased/ higher risk for food insecurity.

#### Feed Goal 2: Nevada's food recovery efforts reduce food waste.

**Objective I:** Strengthen producer, processor, and market networks to support food recovery.

For the Feed pillar, we will know we have been successful when Nevada has increased the number of people receiving food through mobile delivery options and increased the number of pounds of food recovered and diverted from landfills.

#### The Strategic Plan

### **Pillar Four: Reach**

The recent pandemic exacerbated existing gaps and exposed new ones in Nevada's food security ecosystem, particularly around access to emergency food resources including food pantries and food banks. Over half (54%) of the community service providers surveyed for this project stated that participation in federal and/or state nutrition programs among individuals who are food insecure was fair or poor. And one third of providers stated that "service providers were not using client-centered strategies that increase access to nutrition programs and resources that address determinants of hunger." Many community members who face increased and/or higher risk of food insecurity are not able to participate in federal and state programs. Rural and tribal community members often face additional barriers to accessing food. Some neighborhoods in Nevada still lack grocery stores stocked with affordable, nutrition-dense, and fresh foods. Over 80 percent of service providers who participated in the survey that was administered as part of the strategic planning process indicated that there was unmet need among those who are food insecure in Nevada.

To that end, food security leaders across the state seek to REACH populations in Nevada who are experiencing food insecurity and/or who are at increased/higher risk for food insecurity with nutritiondense, affordable, and culturally appropriate foods. Efforts will include identifying ways to expand participation in federal and state nutrition programs (e.g., SNAP-Ed) as well as reach new populations that are not currently served. Partners are prepared to collaborate to explore ways to expand client-centered strategies, particularly those that consider new challenges faced by families and individuals who are housing insecure and who may not have access to kitchen facilities.



**Reach Goal 1:** Increase participation in state/federal nutrition programs by those experiencing food insecurity and/or who are at increased/higher risk for food insecurity.

**Objective I:** Increase participation in programs designed to reduce food insecurity.

#### Reach Goal 2: Increase access to food through promotion of client-centered strategies.

**Objective I:** Expand client-centered options for those who have limited access to grocery stores, cooking/storage facilities, etc.

**Objective II:** Increase awareness of available culturally appropriate food options among food pantry and food bank staf.

For the Reach pillar, we will know we have been successful when Nevada has increased year-over-year participation rates among consumers in food security programs, reached populations currently not being served, reduced the waitlist on NDHHS funded programs, and decreased the number of food deserts.

#### The Strategic Plan

## **Pillar Five: Build**

Prior to the Coronavirus pandemic, Nevada's food security ecosystem partners worked to increase organizational capacity and service delivery options to address community needs in Nevada. Food insecurity rates were decreasing before the pandemic, reflecting the growing success of local partners to connect Nevadans to resources and assistance.

However, the pandemic, stressed the existing organizational and financial capacity of Nevada's food security ecosystem partners to provide resources to meet the community's acute needs. In a survey of community service providers, 55% of respondents indicated that they faced organizational challenges in addressing food insecurity among community members. Over half of respondents said they faced capacity challenges in addressing food insecurity among community members. Service providers indicated that they require more people to help distribute food, more physical capacity (storage, refrigerator space) to store food, and more financial support to help fund general operations. Service providers and community organizations also seek to address the drivers of food insecurity to decrease that the numbers of Nevadans who may need emergency food resources. Food security leaders will work to remove barriers and support and facilitate ways to BUILD Nevada's food security ecosystem by fostering environments that enable Nevadans to make informed decisions. Building capacity and focusing on drivers of food insecurity will increase access to foods, expand healthier food choices, and increase knowledge to sustain the community's ability to consistently access adequate food options.



**Build Goal 1:** Increase local and community capacity to provide food and reduce food insecurity.

**Objective I:** Support ways to increase funding for service providers to build physical and organizational capacity and for general operating support.

**Objective II:** Increase outreach and engagement with Nevada's tribal communities to help build their capacity to grow, secure, and provide food to their members.

**Build Goal 2:** Resources and programs are available to populations that are experiencing food insecurity and/or who are at increased/higher risk for food insecurity.

**Objective I:** Collect and promote information about food resources in Nevada and about how to prepare nutrition-dense foods.

**Objective II:** Community partners plan for the future of food security solutions.

For the Build pillar, success will be determined when Nevada has decreased the number of food deserts, increased grant funding, and reduced the food insecurity rate across Nevada.

# Recommended Systematic — Approaches

Meet with Nevada's federal delegation and the NV Legislature Interim Health and Human Services

Committee to brief them on food security issues; Make presentations to county/city boards to raise

Local and/or regional councils and/or working groups will meet quarterly to share information. (Lead, G1)

Revise the Nevada Revised Statute (NRS) to add up to three seats on the CFS for individuals who have lived

Include individuals from the housing and transportation sectors on the Council on Food Security (CFS).

**Recommended Approaches** 

experience with food insecurity and/or homelessness. (Lead, G1)

on site at schools and childcare centers. (Grow, G1)

awareness about need. (Lead, G1)

The following table outlines the recommended systematic approaches as outlined in the Strategic Plan and Implementation Guide that the food security ecosystem will work on together.

As a crosswalk between pillars of the Strategic Plan and timeline, five different colors are used to indicate the five pillars:

colors are used to indicate the five pillars:		(Lead, G1)		
		Include 2 members of Nevada's tribal communities on the CFS and support the Food Bank of Northern Nevada's efforts to engage tribal partners. (Lead, G1)		
	Lead	Organize and host an annual Food Security Summit/Conference (Lead, G1)		
Grow		Establish baseline data, improve measurement of outcomes, encourage data-sharing agreements, and improve available data. (Lead, G2)		
Food		Support an increase in Nevada's matching grant fund program. (Lead, G2)		
	Feed Reach	Analyze public funding streams and models of best practices, identify policy gaps and opportunities, and identify ways to increase public funding for programs to reduce food insecurity, expand the availability of/ accessibility to food, and improve affordability of food. (Lead, G2)		
Build		Provide technical assistance to service providers to help more effectively utilize various grant funding streams. (Lead, G2)		
Abbreviations: G=Goal; for example, G1= Goal 1		Coordinate with master gardener programs to promote free/low-cost garden education programs/materials. (Grow, G1)		
		Develop an emergency response plan for Nevada food banks/pantries who may experience disruptions to their food supply during emergencies. (Grow, G1)		
		Work with producers and other partners to identify and address barriers preventing the production, sale, and use or expansion of local foods, and review policies/regulations that restrict the use of agricultural products		

Later

Next

Now





Support the Young Farmers Coalition in Nevada. (Grow, G2)		
Help facilitate regular communication, collaboration, and partnerships between NV Dept. of Agriculture, USDA, and Nevada farmers. (Grow, G2)		
Include a Small Farmers Track in the annual Food Security Summit. (Grow, G2)		
Provide technical support to partners who are seeking permanent funding for Home Feeds Nevada by 2025. (Grow, G2)		
Identify land needs and ways to secure land for the production of specialty crops and nutrition-dense foods. (Grow, G2)		
Seek increased state funding for specialty crop production (e.g., Specialty Crop Production Block Grants) and for alternative and sustainable growing operations. (Grow, G2)		
Encourage service providers to explore ways to partner with nonprofits who have vehicle fleets to support food distribution efforts. (Feed, G1)		
Identify a state lead to apply for the federal SNAP EBT Modernization Technical Assistance Center grant. (Feed, G1)		
Evaluate Nevada's food logistics, distribution, transportation, and storage systems to identify gaps, and collect data to identify unmet need, and at-risk areas that are not being served. (Feed, G1)		
Encourage data-sharing across agencies to identify and map unmet need and use the data to inform new distribution sites, partners, and programs. (Feed, G1)		
Develop strategic partnerships and/or design pilots to increase home-delivery programs and mobile grocery shopping programs that bring healthy, affordable food to populations that are at increased /higher risk for food insecurity. (Feed, G1)		
Educate households, businesses, and institutions to help reduce food waste. (Feed, G2)		
Identify and raise awareness about the protections related to donating food and identify policy changes needed to improve food waste diversion. (Feed, G2)		
Generate baseline data regarding food waste/recovery in Nevada, including a list of food recovery partners. (Feed, G2)		
Develop and share targeted marketing materials, and work with new partners to accept supplemental nutrition assistance applications. (Reach, G1)		
Increase participation in WIC/SNAP by (1) working with schools to ensure that information on how to apply for SNAP/ WIC is included with Free and Reduced Lunch applications; and (2) having SNAP/WIC navigators attend school events to help complete applications. (Reach, G1)		
Support rural capacity building efforts to administer Child and Adult Care Food Program and Summer Food Service Program. (Reach, G1)		

Lead

Grow

Feed

Reach

Build

Revise the SNAP State Plan to allow for restaurant meals and hot prepared foods from grocery stores to be purchased using SNAP. (Reach, G2)		
ldentify and address challenges in the built environment by including input from the food security ecosystem partners in the walkability audits conducted by Clark and Washoe Counties. (Reach, G2)		
Meet with Regional Transportation Commissions in Clark and Washoe Counties to review bus routes and evaluate whether at populations who are experiencing food insecurity and/or are at higher risk for food insecurity have bus access to grocery stores. (Reach, G2)		
Encourage providers to offer (a) cultural competency training about culturally appropriate foods, and (b) diversity, equity, and inclusion training. (Reach, G2)		
Encourage state and local public and private funders to allow nonprofits to build dry storage and refrigerated storage options, and to use funds for general operating support. (Build G1)		
Work with Nevada Grants Office to increase utilization of the food security list-serve that will serve as a single clearing house for food security grant opportunities. (Build, G1)		
Support efforts to increase the Fund for a Healthy Nevada (FHN) resources dedicated to food security. (Build, G1)		
ldentify and coordinate with designated state Tribal Liaisons, community partners established within tribal communities, and points of contact at the Nevada Indian Commission. (Build, G1)		
Collaborate with the Food Bank of Northern Nevada's Tribal Specialist to address barriers that tribal communities face and connect them with technical assistance, as needed. (Build, G1)		
Use lessons learned from ongoing Prescription Pantry programs and identify new strategic partnerships (particularly with health care providers) to address the social determinants of food insecurity and explore ways to increase food distribution sites. (Build, G2)		
Support access to readily available and culturally appropriate training on nutrition, growing, and cooking food; and promote community learning kitchens. (Build, G2)		
Work with partners to connect community members experiencing food insecurity with financial literacy programs, workforce development agencies, and career supports. (Build, G2)		
Leverage local/regional resource guides and compile information in a single online/electronic resource guide that provides information about food service providers (hours, location, etc.) and related assistance programs (e.g., utility assistance, rental assistance); and ensure Nevada 2-1-1 has current information on food security resources. (Build, G2)		
Ensure community health workers are trained to work with specific populations experiencing food insecurity and/or who are at higher/increased risk for food insecurity. (Build, G2)		



Food security leaders across the state seek to reduce food insecurity and hunger and close the meal gap by strengthening the Silver State's food security ecosystem. The Nevada Food Security Strategic Plan (2023) provides a roadmap for focusing resources and attention with the goal of improving outcomes and reducing hunger. The State of Nevada and other ecosystem partners will measure outcomes by confirming and/ or gathering baseline data, monitoring progress, and evaluating the following measures on an annual basis that will be determined by the availability of data and reporting cycles of the program/partner:

<b>Measure of Success</b>	Pillar & Goal	Data Source
Nevada's government agencies and nonprofits have collectively	Lead 1	DHHS Nutrition Unit,
increased grant funds by 10 percent from previous year (or period).	Build 2	NV Dept of Agriculture, Nonprofits W(e.g., Three Square, Food Bank of No NV, etc.)
Nevada's service providers have increased clients served over the	Lead 1	DHHS Nutrition Unit,
previous year (or period). Includes existing service delivery and new communities and populations to be identified. Statistically significant targets to be determined by partners and programs.		NV Dept of Ag, Nonprofits (e.g., Three Square, Food Bank of Northern NV, etc.)
Nevada has reduced the food insecurity rate by 1 percent over	Lead 2	US Department of Agriculture indicator
period 2023.	Build 3	on food security
Nevada has reduced unused DHHS supplemental nutrition program funds by 10 percent from previous year (or period).	Lead 3	DHHS Nutrition Unit
Nevada has directed more local food to Nevada food banks.	Grow 1	Nevada Department of Agriculture (NDA)
Nevada has increased the number of people receiving food through mobile delivery options (by statistically significant increases determined by partners and programs).	Feed 1	Nevada DHHS Nutrition Unit
Nevada has increased the number of pounds of prepared perishable food recovered (and diverted from landfills).	Feed 2	See: Food for People, Not Landfills Annual Report 2020.
		Data from: Food Bank of No NV, Three Square, Catholic Charities of Northern Nevada

Nevada has increased the number of pounds of perishable non-prepared food recovered (and diverted from landfills). Targets to be determined.	Feed 2	See: Food for People, Not Landfills Annual Report 2020. Data from: Food Bank of No NV, Three Square, Catholic Charities of Northern Nevada
Nevada has increased the number of pounds of non-perishable food recovered (and diverted from landfills). Targets to be determined.	Feed 2	See: Food for People, Not Landfills Annual Report 2020. Data from: Food Bank of No NV, Three Square, Catholic Charities of Northern Nevada
Nevada has increased year-over-year participation rates among consumers in state/local food security programs. Statistically significant targets to be determined by partners and programs.	Reach 1	DHHS Nutrition Unit
Nevada has reduced the waitlist on Nevada Department of Health and Human Services funded programs Statistically significant targets to be determined by partners and programs.	Reach 2	DHHS Nutrition Unit
Nevada has decreased the number of food deserts using one of two indicators:		
(1) A statistically significant decrease in the number of "Low income and low access tracts measured at 1 mile for urban areas and 10 miles for rural areas in Nevada." Targets to be determined.	Reach 3 Build 1	USDA Food Access Calculator
OR <b>(2)</b> Nevada has decreased the "Low-income population count beyond 1 mile for urban areas or 10 miles for rural areas from supermarket." Targets to be determined.		

# **Conclusion** —



The Nevada Food Security Strategic Plan (2023) lays out specific goals and strategies for helping reduce hunger in Nevada by meeting the needs of community members living in our urban, rural, frontier, and tribal neighborhoods who are experiencing food insecurity and/or who are at increased/higher risk of food insecurity. Meeting the goals of this plan and the successful implementation of the strategies will require resources.

Agencies and nonprofits need human capital to coordinate greater collaboration across ecosystem partners, provide technical assistance to community partners, and distribute food to meet the growing demand for emergency food resources. Grant funds are necessary to expand organizational capacity and the delivery of programs. An investment of time by food security ecosystem partners is needed for the purpose of meeting regularly and sharing information, collaborating to identify sound policies, and partnering to leverage resources and maximize impact. The strategic plan provides a roadmap to guide investments of time, treasure, and talent with the overarching goal of reducing hunger among Nevada's most vulnerable community members.



## **APPENDIX A: Nevada Food Security Strategic Implementation Guide**

The Nevada Food Security Strategic Plan (2023) is a systemic plan that is intended to be used by all partners to promote food security efforts across Nevada. The Council on Food Security assures progress and guidance of the plan, and the Office of Food Security will carry out the plan with its partners as it seeks to increase access to nutrition-dense and affordable food for populations who are at increased/higher risk for food insecurity.

There are five foundational themes ("pillars") of the Nevada Food Security Strategic Plan. Each core pillar outlines the objective of the collective efforts. For each pillar, the strategic plan outlines goals that are supported by strategies, tactics, benchmarks, timing for implementation, identified ownership or responsible party for implementation and/or monitoring of the action, the roles that partners may play, and information that indicates whether funding may be needed to implement the action.

The pillars on which this strategic plan is built are as follows:

- **LEAD** systems change to improve food security through greater collaboration, information-sharing, and policy development efforts.
- **GROW** Nevada local food sources.
- FEED Nevada's population at increased/higher risk for food insecurity.
- **REACH** populations in Nevada who are experiencing food insecurity and/or who are at increased/higher risk for food insecurity with nutrition-dense and affordable and culturally appropriate foods.
- **BUILD** Nevada's food security ecosystem by increasing capacity and education.

This matrix is formatted for ease of use to outline the different components of the plan. This is the framework companion to the Nevada Food Security Strategic Plan (2023), a narrative document that provides an overview of the following:

- □ Background
- □ Needs Assessment
- Data Analysis/Findings
- □ Strategic Plan
- □ Timing
- **Evaluation Plan**

PILLAR	LEAD systems change to improve for	od security through great	er collaboration,	, information-sharing,a	nd policy development ef	forts.
WHY	To enable improvements in systems, organ	izations, and processes to su	pport ongoing effo	rts to improve the food sec	curity ecosystem.	
We know we are successful when:	Outcome #1: Nevada has made progress on previous year (period); (b) Nevada's governm (c) Nevada's service providers have increase Outcome #2: Nevada has reduced the food Outcome #3: Nevada has reduced unused D	ent agencies and nonprofits h ed service delivery. insecurity rate period over per	nave collectively inc	creased the number of gran dicator, 12.9% in 2016-2018	ts they have received from p	
GOAL #1	Enhanced cooperation, communic	ation, and representati	on to support	policy development a	nd resource utilization	l.
OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING
	Organize and host an annual Food Security Summit/ Conference.	- Summit organized - # of people who attend the annual Food Security Summit	Next			
1. Improve collaboration, communication, coordination, and information-sharing among food ecosystem partners.	Local and/or regional councils and/ or working groups will meet jointly and quarterly to share information and/or address issues (e.g., innovative solutions, funding, workforce challenges, eligibility barriers, data sharing, etc.	- Local/regional working groups/councils meet jointly each quarter	Ongoing			
	Meet semi-annually with Nevada's federal delegation and the NV Legislature Interim Health and Human Services Committee to brief them on food security issues and identify programs/policies that will increase food security; and make presentations regularly to county/city boards to raise awareness about need and programs.	-Identify priorities of CFS, state, and partners and develop a strategy to communicate the importance of these priorities	Ongoing			

2.	Increase representation of partners from transportation and housing sectors, tribal communities, and those who have lived experience with food insecurity in decision- making processes related to	Include representation of individuals from the housing and transportation sectors on CFS (and receive presentations from individuals from these sectors). Request a revision of Nevada Revised Statute (NRS) to add up to three seats on the CFS for individuals who have lived experience with food insecurity and/or homelessness.	-Identify 1 policy, program, and/or pilot that housing, transportation, and food security partners can work on to mitigate drivers of food insecurity -Approval of revised legislation	Now Now			
	food security.	Include 2 members of Nevada's tribal communities (North, South) on the Council on Food Security, and support the Food Bank of Northern Nevada's (FBNN) efforts to engage tribal partners.	-ldentify 1 new collaboration that includes a partnership between NV tribal communities and other partners	Now			
GU	OAL #2	Policies and funding are in place					
	OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING
1.	Seek funding to support programs and initiatives to reduce food insecurity, expand the availability of	STRATEGIES Analyze public funding streams and models of best practices in other states, identify policy gaps and opportunities in Nevada, and identify ways to increase public funding for programs to reduce food insecurity, expand the availability of and accessibility to food, and improve the affordability of food.	-Analysis completed and presented to CFS	TIMING Now	LEAD	PARTNER ROLE	FUNDING
1.	Seek funding to support programs and initiatives to reduce food insecurity,	Analyze public funding streams and models of best practices in other states, identify policy gaps and opportunities in Nevada, and identify ways to increase public funding for programs to reduce food insecurity, expand the availability of and accessibility to food, and improve the	-Analysis completed and		LEAD	PARTNER ROLE	FUNDING
1.	Seek funding to support programs and initiatives to reduce food insecurity, expand the availability of and accessibility to food, and improve the affordability of	Analyze public funding streams and models of best practices in other states, identify policy gaps and opportunities in Nevada, and identify ways to increase public funding for programs to reduce food insecurity, expand the availability of and accessibility to food, and improve the affordability of food. Provide technical assistance to service providers to help more effectively utilize	-Analysis completed and presented to CFS -Annual decrease in unused	Now		PARTNER ROLE	FUNDING

# Appendix A:3 \_\_\_\_\_

PILLAR	GROW Nevada local food sources.					
WHY	To increase production of local specialty chain disruptions.	crops (e.g., fruits and vegetal	bles) and nutrition-	dense foods and red	uce Nevada's increased risk t	o supply
We know we are successful when:	Outcome #1: Nevada has increased local Outcome #2: We have made progress in a funding by 10% from previous year (perio specialty crops for human consumption h	one or more of the following the d) OR the number of grants Nev	ree indicators: (a) N	· levada's agencies and	nonprofits collectively have in ived collectively to support lo	ncreased grant cal production of
GOAL #1	Nevada feeds itself and local food is	consumed locally.				
OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING
1. Strengthen Nevada's food security supply chain and food system.	Develop an emergency response plan for Nevada food banks/ pantries who may experience disruptions to their food supply during emergencies, economic downturns.	-Plan developed and approved	Now			
2. Support the expansion of state/local programs that promote the consumption of localy produced agricultural	Work with producers and other partners to identify and address barriers preventing the production, sale, and use or expansion of local foods, particularly in systems that serve senior centers, schools, and childcare centers, and review policies/regulations that restrict the use of agricultural products on site at schools and childcare centers.	-OFS compiles research -CFS will invite presentations on the topic -Local/regional groups will present information to CFS	Next & Later			
goods.	Coordinate with master gardener programs in Nevada to promote free and low-cost garden education programs and materials, and encourage participation in garden education programs at institutions, schools, senior centers, and childcare centers.	-Number of people who receive training -Number of community, school, and childcare gardens	Ongoing			

G	DAL #2	Nevada's local farmers have access	to information, capital, an	d programs to s	support food productio	n.	
	OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING
		Help facilitate regular communication, collaboration, and partnerships between Nevada Department of Agriculture (NDA), USDA, and Nevada farmers.	-Quarterly meetings between NDA and Nevada farmers	Now			
1.	Strengthen communication	Include a Small Farmers Track in the	-Annual Food Security Summit launched	Next			
	and collaboration among farmers and ranchers in Nevada, particularly	annual Food Security Summit.	-Small Farmers Track included				
in Nevada, particularly small producers, to raise awareness about programs and resources.	Support the Young Farmers Coalition in	-Young Farmers Coalition will identify priorities and develop a strategy to communicate priorities	<u> </u>				
		Nevada.	-Coalition will meet with CFS, NV Interim Legislative Committee on Natural Resources	Ongoing			
		ldentify land needs and ways to secure land for the production of food.	-Local farmers (including Young Farmers Coalition) will identify land needs and present to CFS and NV Legislature Interim Committee on Natural Resources	Next & Later			
2.	2. Help advance access to capital or innovative programs that clear roadblocks to local food production.	Seek increased state funding for food production (e.g., Specialty Crop Production Block Grants) and for alternative and sustainable growing operations, particularly those that use less water than conventional methods, utilize regenerative agriculture methodology as well as those that allow greenhouses and hoop houses.	-Increase in funding for specialty crop programs	Next & Later			
		Provide technical support to partners who are seeking permanent funding for Home Feeds Nevada by 2025.	-Increase in funding for Home Feeds Nevada	Now			

PILLAR	FEED Nevada's population at incr	eased/higher risk for fo	od insecurity			
WHY	To improve systems that distribute food	to people and use resources	more efficiently.			
We know we are       Outcome #1: Nevada has increased the number of people receiving food through mobile delivery options (statistically significant increase).         Successful when:       Outcome #2: Nevada has increased the number of pounds of food recovered (and diverted from landfills).						
GOAL #1	Nevada has efficient logistics, distri	bution, transportation, an	id storage syste	ms to address food in	security.	
OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING
<ol> <li>Help advance improvements in the food logistics, distribution, transportation, and storage systems and funding for those systems with the goal of bringing food to people to address food</li> </ol>	Evaluate Nevada's food logistics, distribution, transportation, and storage systems to identify gaps, and collect data to better identify gaps, unmet need, and at-risk areas that are not being served.	-Gap analysis completed -Data compiled	Now			
insecurity while creating a sustainable food ecosystem that values workers, consumers, and the land.	Encourage data-sharing across agencies in order to identify and map unmet need and use the data to inform new distribution sites, partners, and programs.	-New/additional data sharing agreements -Map of distribution net- work completed	Now			

	. Support new strategic partnerships that can assist with transportation needs and efforts to distribute food to people, particularly individuals	Develop strategic partnerships and/or design pilots to increase home-delivery programs and mobile grocery shopping programs that bring healthy, affordable and local food to populations that are at increased/higher risk for food insecurity, including pilots that allow individuals with SNAP/WIC benefits to participate.	-No. of new partnerships -No. of people participating in new programs -No. of new mobile delivery options	Next			
	at increased/higher risk for food insecurity.	Identify a state lead to apply for the federal SNAP EBT Modernization Technical Assistance Center grant.	-State lead identified	Now			
		Encourage service providers to explore ways to partner with nonprofits who have vehicle fleets to support food distribution efforts.	-Number of new partnerships	Ongoing			
	60AL #2	Nevada's food recovery efforts redu	ce food waste.				
H				n	1		
Ĺ	OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING
	OBJECTIVES	STRATEGIES Generate baseline data regarding food waste and recovery in Nevada, including a list of food recovery partners.	BENCHMARKS -Data analysis completed -List of food recovery partners -CFS will invite a presentation on the topic	TIMING Now	LEAD	PARTNER ROLE	FUNDING
	OBJECTIVES Strengthen producer, processor, and market networks to support food recovery.	Generate baseline data regarding food waste and recovery in Nevada, including a	-Data analysis completed -List of food recovery partners -CFS will invite a		LEAD	PARTNER ROLE	FUNDING

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PILLAR	<b>REACH</b> populations in Nevada who a tion-dense and affordable and culture		curity and/or wh	o are at increased/hig	gher risk for food insecur	ity with nutri-	
WHY	To increase access to, and availability a	nd affordability of nutrition-d	ense and culturall	y appropriate foods.			
We know we are successful when:	Outcome #2: Nevada has reduced the wa Outcome #3: Nevada has decreased the measured at 1 mile for urban areas and 10	utcome #1: Nevada has increased year-over-year participation rates among consumers in state/local food security programs. utcome #2: Nevada has reduced the waitlist on Nevada Department of Health and Human Services funded programs. utcome #3: Nevada has decreased the number of food deserts using one of two indicators: A decrease in the number of "Low income and low access tracts neasured at 1 mile for urban areas and 10 miles for rural areas in Nevada" (using USDA Food Access Calculator. Baseline number is 49, 2019) OR Nevada has ecreased the "Low-income population count beyond 1 mile for urban areas or 10 miles for rural areas from supermarket" by (Baseline number is 166,038).					
GOAL #1	Increase participation in state/fede food insecurity.	ral nutrition programs by	those experienc	ing food insecurity an	nd/or who are at increase	ed/higher risk fo	
OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING	
1. Increase participation in programs designed to reduce food insecurity.	Develop and implement targeted marketing materials, and work with new partners to accept supplemental nutrition assistance applications.	-Marketing materials developed -Increase in participation in federal supplemental nutrition assistance programs	Now				
	Increase participation across WIC and SNAP by (1) working with school districts to ensure that information on how to apply for SNAP/WIC is included with Free and Reduced Lunch applications at schools; and (2) having SNAP/WIC navigators attend school events to assist with filling out applications.	-Number of new SNAP/WIC participants	Now				
	Support rural capacity building efforts to administer Child and Adult Care Food Program and Summer Food Service Program.	-Increase in CACFP participation rates	Now				

GOAL #2	Increases access to food through promotion of client-centered strategies						
OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING	
	Identify and address challenges in the built environment by including input from the food security ecosystem partners in the walkability audits conducted by Clark and Washoe Counties (as part of Assembly Bill 343).	-Access to grocery stores explicitly considered in walkability audits	Now				
1. Expand client-centered options for those who have	Meet with Regional Transportation Commissions in Clark and Washoe Counties to review bus routes and evaluate whether at populations who are experiencing food insecurity and/or are at higher risk for food insecurity have bus access to grocery stores.	-Gap analysis completed	Now				
	Revise the SNAP State Plan to allow for restaurant meals and hot prepared foods from grocery stores to be purchased using SNAP and support funding of that initiative.	-SNAP State Plan revised	Now				
2. Increase awareness of available culturally appropriate food options among food pantry and food bank staff.	Encourage service providers to offer (a) cultural competency training about culturally appropriate foods, and (b) diversity, equity, and inclusion training.	-Number of staff who receive training	Now				

P	PILLAR	BUILD Nevada's food security ecosy	stem by increasing capaci	ity and educatio	in.		
V	VHY	Build capacity among individuals and or	ganizational partners to redu	ce food insecurit	у.		
	'e know we are uccessful when:	Outcome #1: Nevada has decreased the r at 1 mile for urban areas and 10 miles for come population count beyond 1 mile for Outcome #2: Nevada's agencies and non increase in the number of grants received Outcome #3: Nevada has reduced the for	rural areas in Nevada" (using urban areas or 10 miles for ru profits have collectively increa d, OR nonprofits have increase	USDA Food Acces ral areas from su ased grant funds, ed service deliver	s Calculator. Baseline n permarket" (Baseline n OR Nevada's agencies a y.	umber from 2019 is 49) OR umber from 2019 is 166,038	decrease the "Low-in- ).
GC	DAL #1	Increase local and community capac	city to provide food and re	educe food inse	curity.	1	
OE	BJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING
	-	Work with Nevada Grants Office to start a food security listserv that will serve as a single clearing house for food security grant opportunities.	-Number of people who sign up for food security listserv	Now			
1.	Support ways to increase funding for service providers to build physical and organizational capacity and for general operating support.	Encourage state and local public and private funders to allow nonprofits to build dry storage and refrigerated storage options, and to use funds for general operating support.	-Change in grant require- ments to allow funds to be used for general operating support. -NDA Nevada Community Food Access Grant funds demonstrate impact	Ongoing			
		Support efforts to increase the Fund for a Healthy Nevada (FHN) resources dedicated to food security.	-Increased earmark of FHN funding for food security	Now			
2.	2. Increase outreach and engagement with Nevada's tribal communities to help build their capacity to grow, secure, and provide food to their members.	Identify and coordinate with designated state Tribal Liaisons, community partners established within tribal communities, and points of contact at the Nevada Indian Commission.	-Number of written agreements between state and tribal government for food security initiatives/ funding	Now			
		Collaborate with the Food Bank of Northern Nevada's Tribal Specialist to address barriers that tribal communities face and connect them with technical assistance, as needed.	-Analysis completed -Technical assistance identified and provided	Now			

GOAL #2	Resources and programs are availal food insecurity.	ble to populations that are	e experiencing foo	od insecurity and/or	r who at increased/hig	her risk for
OBJECTIVES	STRATEGIES	BENCHMARKS	TIMING	LEAD	PARTNER ROLE	FUNDING
<ol> <li>Collect and promote</li> </ol>	Leverage local/regional resource guides and compile information in a single online/electronic resource guide that provides information about food service providers (hours, location, etc.) and related assistance programs (e.g., utility assistance, rental assistance); and ensure Nevada 2-1-1 has current information on food security resources.	-Number of downloads of electronic resource book -Nevada 211 updated	Now			
<ol> <li>Collect and promote information about food resources in Nevada and about how to prepare nutrition-dense foods.</li> </ol>	Use lessons learned from ongoing Prescription Pantry programs and identify new strategic partnerships (particularly with health care providers) to address the social determinants of food insecurity and explore ways to increase food distri- bution sites.	-Number of new partner- ships/ programs	Ongoing			
	Support access to readily available and culturally appropriate training on nutrition, growing, and cooking food; and promote community learning kitchens.	-Number of people who participate in training	Ongoing			
	Work with partners to connect community members experiencing food insecurity with financial literacy programs, work- force development agencies, and career supports.	-Number of new partner- ships and/or initiatives	Ongoing			
2. Community partners plan for the future of food security solutions.	Ensure community health workers are trained to work with specific populations experiencing food insecurity and/or who are at higher/increased risk for food insecurity.	-Number of referrals to food pantries by CHWs	Now			

## APPENDIX B: Nevada Food Security Strategic Plan Roles & Responsibilities

This matrix highlights the roles and responsibilities of each of the partners across Nevada's food security ecosystem. The goals, objectives, strategies, and timing across all pillars for each entity and food security partner are displayed in separate tables. Below is a sample list of partners who will and could be involved within the food security ecosystem.

#### **1. Office of Food Security**

- 2. Council on Food Security
- 3. Nevada Department of Agriculture
- 4. Nevada's Farmers
- 5. Service Providers (including food banks,
- pantries, and agencies
- 6. Community Partners
- 7. Local/Regional Councils



Roles & Responsibilities: Office of Food Security		
Lead. Goal 1: Enhanced cooperation, communication, and representation to support policy developme	nt and resource	utilizatio
<u>Objective</u> :		
Improve collaboration, communication, coordination, and information-sharing among food ecosystem p	oartners.	
Strategy	Timing	Fund
Organize and host an annual Food Security Summit/Conference.	Next	
<b>Lead. Goal 2:</b> Policies and funding are in place that help reduce in food insecurity.		
<u>Objectives</u> :		
(1) Seek funding to support programs and initiatives to reduce food insecurity, expand the availability or improve the affordability of food.	f and accessibilit	y to food
(2) Support state and federal grant applications that will direct funding to food security programs by im evaluation.	proving data coll	lection a
Strategies	Timing	Fund
Analyze public funding streams and models of best practices in other states, identify policy gaps and opportunities in Nevada, and identify ways to increase public funding for programs to reduce food insecurity, expand the availability of and accessibility to food, and improve the affordability of food. The Council on Food Security will provide support.	Now	
Provide technical assistance to service providers to help more effectively utilize various grant funding streams.	Next & Later	
Establish baseline data, improve measurement of outcomes (e.g., food insecurity, unmet need), encourage data-sharing agreements, and improve available data to better identify gaps, unmet need, and at-risk areas that are not being served – of which can inform federal and private grant applications.	Ongoing	
Grow. Goal 1: Nevada feeds itself and local food is consumed locally.		
<u>Objective</u> :		
Support the expansion of state/local programs that promote the consumption of locally produced agric	ultural goods.	
Strategies	Timing	Fun
	Now	
Develop an emergency response plan for Nevada food banks/pantries who may experience disruptions to their food supply during emergencies, economic downturns.	NUW	

particularly in systems that serve senior centers, schools, and childcare centers, and review policies/ regulations that restrict the use of agricultural products on site at schools and childcare centers. **Grow. Goal 2.** Nevada's local farmers have access to information, capital, and programs to support food production.

#### Objectives:

(1) Strengthen communication and collaboration among farmers and ranchers in Nevada, particularly small producers, to raise awareness about programs and resources.

(2) Help advance access to land, capital and innovative programs that that clear roadblocks to local food production.

Strategies	Timing	Funding
Facilitate regular communication, collaboration, and partnerships between the Nevada Department of Agriculture (NDA), USDA Regional Office, and Nevada farmers.	Now	
Include a Small Farmers Track in the annual Food Security Summit.	Now	
Provide technical support to partners who are seeking permanent funding for Home Feeds Nevada by 2025.	Now	

Feed. Goal 1. Nevada has efficient logistics, distribution, transportation, and storage systems to address food insecurity.

#### Objectives:

(1) Help advance improvements in the food logistics, distribution, transportation, and storage systems and funding for those systems with the goal of bringing food to people to address food insecurity while creating a sustainable food ecosystem that values workers, consumers, and the land.

(2) Support new strategic partnerships that can assist with transportation needs and efforts to distribute food to people, particularly individuals at increased/higher risk for food insecurity.

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Strategies	Timing	Funding
Evaluate Nevada's food logistics, distribution, transportation, and storage systems to identify gaps, and collect data to better identify gaps, unmet need, and at-risk areas that are not being served.	Now	
Develop strategic partnerships and/or design pilots to increase home-delivery programs and mobile grocery shopping programs that bring healthy, affordable and local food to populations that are at increased/higher risk for food insecurity, including pilots that allow individuals with SNAP/WIC benefits to participate.	Next	
Identify a state lead to apply for the federal SNAP EBT Modernization Technical Assistance Center grant.	Now	
<b>Reach. Goal 1.</b> Increase participation in state/federal nutrition programs for those experiencing food increased/higher risk for food insecurity.	insecurity and/o	or who are at



#### Objective:

Increase participation in programs designed to reduce food insecurity.





Strategies	Timing	Funding
Develop and implement targeted marketing materials, and work with new partners to accept supplemental nutrition assistance applications. OFS will work with DHHS Office of Minority Health and Equity.	Now	
Increase participation across WIC and SNAP by (1) working with school districts to ensure that information on how to apply for SNAP/WIC is included with Free and Reduced Lunch applications at schools; and (2) having SNAP/WIC navigators attend school events to assist with filling out applications. OFS will also partner with the Nevada Department of Education and school districts.	Now	
Support rural capacity building efforts to administer Child and Adult Care Food Program and Summer Food Service Program.	Now	
<b>Reach. Goal 2.</b> Increase access to food through promotion of client-centered strategies. <u><b>Objective:</b></u> Expand client-centered options for those who have limited access to grocery stores, cooking/storage fa	acilities, etc.	
Strategies	Timing	Funding
Ensure that input from the food security ecosystem partners is included in the walkability audits conducted by Clark and Washoe Counties (as part of Assembly Bill 343).	Now	
Meet with Regional Transportation Commissions in Clark and Washoe Counties to review bus routes and evaluate whether at populations who are experiencing food insecurity and/or are at higher risk for food insecurity have bus access to grocery stores.	Now	
Participate in efforts to revise the SNAP State Plan to allow for restaurant meals and hot prepared foods from grocery stores to be purchased using SNAP and support funding of that initiative.	Now	
<b>Build. Goal 1</b> . Increase local and community capacity to provide food and reduce food insecurity. <b>Objectives</b> : (1) Support ways to increase funding for service providers to build physical and organizational capacity	and for general (	operating
support.	-	
	Ĩ	l provide food
support. (2) Increase outreach and engagement with Nevada's tribal communities to help build their capacity to b	Ĩ	l provide food <b>Funding</b>
support. (2) Increase outreach and engagement with Nevada's tribal communities to help build their capacity to to their members. Strategies	grow, secure, and	•
support. (2) Increase outreach and engagement with Nevada's tribal communities to help build their capacity to to their members.	grow, secure, and	•

Identify and coordinate with designated state Tribal Liaisons, community partners established within tribal communities, and points of contact at the Nevada Indian Commission. CFS members will attend Intertribal Council of Nevada (ITCN) meetings.	Now	
Collaborate with the Food Bank of Northern Nevada's Tribal Specialist to address barriers that tribal communities face and connect them with technical assistance, as needed.	Now	

**Build. Goal 2.** Resources and programs are available to populations that are experiencing food insecurity and/or who at increased/ higher risk for food insecurity.

#### Objective:

Collect and promote information about food resources in Nevada and about how to prepare nutrition-dense foods.

Strategy	Timing	Funding
Leverage local/regional resource guides and compile information in a single online/electronic resource guide that provides information about food service providers (hours, location, etc.) and related assistance programs (e.g., utility assistance, rental assistance); and ensure Nevada 2-1-1 has current information on food security resources.	Now	

## Roles & Responsibilities: Council on Food Security

Lead. Goal 1: Enhanced cooperation, communication, and representation to support policy development and resource utilization.

#### Objectives:

(1) Improve collaboration, communication, coordination, and information-sharing among food ecosystem partners.

(2) Increase representation of partners from transportation and housing sectors, tribal communities, and those who have lived experience with food insecurity in decision-making processes related to food security.

	(	
Strategies	Timing	Funding
Organize and host an annual Food Security Summit/ Conference.	Now	
Meet semi-annually with Nevada's federal delegation and the NV Legislature Interim Health and Human Services Committee to brief them on food security issues and identify programs/policies that will increase food security; and make presentations regularly to county/city boards to raise awareness about need and programs.	Ongoing	
Include representation of individuals from the housing and transportation sectors on CFS (and receive presentations from individuals from these sectors).	Now	
Include 2 members of Nevada's tribal communities (North, South) on the Council on Food Security, and support the Food Bank of Northern Nevada's (FBNN) efforts to engage tribal partners.	Now	

Lead. Goal 2: Policies and funding are in place that help reduce in food insecurity.

**<u>Objective</u>**: Seek funding to support programs and initiatives to reduce food insecurity, expand the availability of and accessibility to food, and improve the affordability of food.





## **Appendix B:4**

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Strategy	Timing	Funding
Analyze public funding streams and models of best practices in other states, identify policy gaps and opportunities in Nevada, and identify ways to increase public funding for programs to reduce food insecurity, expand the availability of and accessibility to food, and improve the affordability of food. OFS will provide support.	Now	

Roles & Responsibilities: Nevada Department of Agriculture
Grow. Goal 1: Nevada feeds itself and local food is consumed locally.

**<u>Objective</u>:** Strengthen Nevada's food security supply chain and food system.

Strategy	Timing	Funding
Develop an emergency response plan for Nevada food banks/pantries who may experience disruptions to their food supply during emergencies, economic downturns.	Now	
<b>Build. Goal 1</b> . Increase local and community capacity to provide food and reduce food insecurity. <b>Objective</b> : Increase outreach and engagement with Nevada's tribal communities to help build their capacity provide food to their members.	ity to grow, sec	ure, and
Strategy	Timing	Funding
Collaborate with the Food Bank of Northern Nevada's Tribal Specialist to address barriers that tribal communities face and connect them with technical assistance, as needed.	Now	



### Roles & Responsibilities: Nevada's Farmers & Ranchers

**Grow. Goal 2.** Nevada's local farmers and ranchers have access to information, capital, and programs to support food production.

#### <u>Objectives</u>:

(1) Strengthen communication and collaboration among farmers and ranchers in Nevada, particularly small farmers, to raise awareness about programs and resources.

(2) Help advance access to capital or innovative programs that clear roadblocks to local food production.

Strategies	Timing	Funding
Support the Young Farmers Coalition in Nevada.	Ongoing	
Identify land needs and ways to secure land for the production of specialty crops and nutrition-dense foods.	Next & Later	
Seek increased state funding for specialty crop production (e.g., Specialty Crop Production Block Grants) and for alternative and sustainable growing operations, particularly those that use less water than conventional methods, utilize regenerative agriculture methodology as well as those that allow greenhouses and hoop houses.	Next & Later	

## Roles & Responsibilities: Service Providers (including food banks/pantries and agencies)

Feed. Goal 1. Nevada has efficient logistics, distribution, transportation, and storage systems to address food insecurity.

#### Objectives:

(1) Help advance improvements in the food logistics, distribution, transportation, and storage systems and funding for those systems with the goal of bringing food to people to address food insecurity while creating a sustainable food ecosystem that values workers, consumers, and the land.

(2) Support new strategic partnerships that can assist with transportation needs and efforts to distribute food to people, particularly individuals at increased/ higher risk for food insecurity.

Strategies	Timing	Funding
Lead efforts to encourage data-sharing across agencies in order to identify and map unmet need and use the data to inform new distribution sites, partners, and programs.	Now	
Explore ways to partner with nonprofits who have vehicle fleets to support food distribution efforts.	Ongoing	

Feed. Goal 2. Nevada's food recovery efforts reduce food waste.

**<u>Objective</u>**: Strengthen producer, processor, and market networks to support food recovery.









Strategies	Timing	Funding
Generate baseline data regarding food waste and recovery in Nevada, including a list of food recovery partners.	Now	
Identify and raise awareness about the protections related to donating food and identify policy changes needed to improve food waste diversion so as to increase food recovery.	Ongoing	
Educate households, businesses, and institutions to help reduce food waste.	Now & Next	
higher risk for food insecurity.		
<b>Objectives</b> : (1) Collect and promote information about food resources in Nevada and about how to prepare nutrition	n-dense foods.	
<b>Objectives</b> : (1) Collect and promote information about food resources in Nevada and about how to prepare nutrition (2) Community partners plan for the future of food security solutions.	1	Funding
<b>Objectives</b> : (1) Collect and promote information about food resources in Nevada and about how to prepare nutrition	n-dense foods. Timeline Ongoing	Funding
<b>Objectives:</b> (1) Collect and promote information about food resources in Nevada and about how to prepare nutrition         (2) Community partners plan for the future of food security solutions.         Strategies         Use lessons learned from ongoing Prescription Pantry programs and identify new strategic partnerships (particularly with health care providers) to address the social determinants of food	Timeline	Funding
<b>Objectives:</b> (1) Collect and promote information about food resources in Nevada and about how to prepare nutrition         (2) Community partners plan for the future of food security solutions.         Strategies         Use lessons learned from ongoing Prescription Pantry programs and identify new strategic partnerships (particularly with health care providers) to address the social determinants of food insecurity and explore ways to increase food distribution sites.         Support access to readily available and culturally appropriate training on nutrition, growing, and	<b>Timeline</b> Ongoing	Funding

#### Roles & Responsibilities: Community Partners

Lead. Goal 1: Enhanced cooperation, communication, and representation to support policy development and resource utilization.

**Objective**: Increase representation of partners from transportation and housing sectors, tribal communities, and those who have lived experience with food insecurity in decision-making processes related to food security.

Strategy	Timing	Funding
Revise Nevada Revised Statute (NRS) to add up to three seats on the CFS for individuals who have lived experience with food insecurity and/or homelessness.	Now	

#### Lead. Goal 2: Policies and funding are in place that help reduce in food insecurity.

**Objective**: Seek funding to support programs and initiatives to reduce food insecurity, expand the availability of and accessibility to food, and improve the affordability of food.

Strategy	Timing	Funding
Support an increase in Nevada's matching grant fund program.	Now	

#### **Grow. Goal 1:** Nevada feeds itself and local food is consumed locally.

**<u>Objective</u>**: Support the expansion of state/local programs that promote the consumption of locally produced agricultural goods.

Strategy	Timing	Funding
Leverage master gardener programs in Nevada to promote free and low-cost garden education programs and materials, and encourage participation in garden education programs at institutions, schools, senior centers, and childcare centers. Community partners will also work with service providers, Nevada Department of Education, and Seed Alliance.	Ongoing	
Feed. Goal 1. Nevada has efficient logistics, distribution, transportation, and storage systems to addre	ss food insecurit	y.
<b>Dbjective</b> : Support new strategic partnerships that can assist with transportation needs and efforts to particularly individuals at increased/ higher risk for food insecurity.	distribute food t	o people,
Strategy	Timing	Funding
Explore ways to partner with others (e.g., nonprofits) who have vehicle fleets to support food distribution efforts.	Ongoing	
Feed. Goal 2. Nevada's food recovery efforts reduce food waste.		
<b>Dbjective:</b> Strengthen producer, processor, and market networks to support food recovery.		
Strategies	Timing	Funding
Generate baseline data regarding food waste and recovery in Nevada, including a list of food recovery partners.	Now	
dentify and raise awareness about the protections related to donating food and identify policy	Ongoing	
changes needed to improve food waste diversion so as to increase food recovery.		









Reach. Goal 2. Increase access to food through promotion of client-centered strategies.

#### Objectives:

(1) Expand client-centered options for those who have limited access to grocery stores, cooking/storage facilities, etc.

(2) Increase awareness of available culturally appropriate food options among food pantry and food bank staff.

Strategies	Timing	Funding
Provide input regarding the challenges posed by the built environment with respect to accessing food for the walkability audits conducted by Clark and Washoe Counties (as part of Assembly Bill 343).	Now	
Offer (a) cultural competency training about culturally appropriate foods, and (b) diversity, equity, and inclusion training.	Now	
<ul> <li>Build. Goal 2. Resources and programs are available to populations that are experiencing food insecurity higher risk for food insecurity.</li> <li>Objectives:</li> <li>(1) Collect and promote information about food resources in Nevada and about how to prepare nutrition</li> </ul>		at increased/
(2) Community partners plan for the future of food security solutions.		Funding
	<b>Timing</b> Ongoing	Funding
(2) Community partners plan for the future of food security solutions.  Strategies Use lessons learned from ongoing Prescription Pantry programs and identify new strategic partnerships (particularly with health care providers) to address the social determinants of food	Timing	Funding
(2) Community partners plan for the future of food security solutions. Strategies Use lessons learned from ongoing Prescription Pantry programs and identify new strategic partnerships (particularly with health care providers) to address the social determinants of food insecurity and explore ways to increase food distribution sites. Support access to readily available and culturally appropriate training on nutrition, growing, and	<b>Timing</b> Ongoing	Funding

## **Roles & Responsibilities: Local/Regional Councils**

Lead. Goal 1: Enhanced cooperation, communication, and representation to support policy development and resource utilization.

**<u>Objective</u>**: Improve collaboration, communication, coordination, and information-sharing among food ecosystem partners.

Strategy		Funding
Meet jointly and quarterly to share information and/or address issues (e.g., innovative solutions, funding, workforce challenges, eligibility barriers, data sharing, etc.).	Ongoing	

## APPENDIX C: Participant List for May 24, 2022

Setting goals for the Food Security Strategic Plan.

Priscilla	Acosta	DHHS Director's Office	Lyndsey	Langsdale	Reno Food Systems
Angela	Adams	Inter-Tribal Council of Nevada	Jay	Martin	Division of Emergency Management
Bonnie	Akaka-Smith	Pyramid Lake Paiute Tribe	Natalie	Mazzullo	University of Nevada Reno Extension
Journee	Baham	DPBH Health Equity Unit	Barbara	Monroy	The Community Food Pantry
Aurora	Buffington	University of Nevada Cooperative Extension	Мах	Moskowitz	DPBH Chronic Disease Prevention and Health Promotion Program
Brandy	Bull Chief	Shoshone-Paiute Tribes	Godwin	Nwando	DPBH Health Equity Unit
Josie	Burnett	Nevada Division of Emergency Management	Ambree	Papa Schoetker	University of Nevada, Las Vegas School of Public Health
Kelly	Cantrelle	Division of Welfare and Supportive Services	Marlaina	Porter	Nye Communities Coalition
Maggie	Carlton	United Labor Agency of Nevada	Elleni	Rioja	DPBH Office of Food Security and Wellness
Cindy	Cohen	DPBH Women, Infants and Children Program	Sarah	Sanchez	Carson Valley Community Food Closet
Adrienne	DeLucchi	DPBH Women, Infants and Children Program	Steve	Schmitt	Catholic Charities of Southern Nevada
Mitch	DeValliere, DC	DPBH Chronic Disease Prevention and Health Promotion Program	Dominique	Seck	Nevada Office of Minority Health and Equity
Kyle	Devine	DPBH Bureau of Child, Family and Community Wellness	Patricia	Segura	DPBH Office of Food Security and Wellness
Jeff	Duncan	Nevada Aging and Disability Services Division	Lori	Taylor	DPBH Office of Food Security and Wellness
Chris	Gleim	Food Bank of Northern Nevada	Lisa	Swearingen	Division of Welfare and Supportive Services
Nikki	Haag	NV SNAP-Ed Program	Lyndsey	Talbot	Nevada Department of Agriculture
Vickie	lves	DPBH Bureau of Child, Family and Community Wellness	Jennifer	Tallerico	Catholic Charities of Northern Nevada
Jazzlyn	Jackson	DPBH Office of Food Security and Wellness	Marilyn	Thomas	Helping Hands of Vegas Valley
Pamela	Juniel, Ph.D.	Nevada Department of Education	Jeanne	Toscano	Green Our Planet
Megan M	Кау	University of Nevada Reno	Kendra	Warthan	Eddy House
Kelli	Kelly	Fallon Food Hub	Regis	Whaley	Three Square Food Bank
Kerry	Kelly	Food Bank of Northern Nevada	Tonya	Wolf	NV SNAP-Ed Program
Nicole	Lamboley	Food Bank of Northern Nevada			

**Facilitated by:** Nancy Brune, Ph.D. of the Guinn Center, Lois Ann Porter of The Blueprint Collaborative, Sarah Rogers of the NV DPBH Bureau of Child, Family and Community Wellness, and Kathrine Wright, Ph.D. of the NV DPBH Office of Food Security and Wellness.



# WASHOE COUNTY SENIOR SERVICES SURVEY



This survey is for <u>seniors 55 and up</u>. The intent of this survey is to use data-driven approaches to improve healthy aging for seniors throughout Washoe County by focusing on key topics that are most important to you. The information collected from this survey will <u>only</u> be used to highlight specific trends, challenges and needs for the senior population in our communities, so strategies can be developed and implemented to provide better outcomes and opportunities.

Please return the paper version of the survey to the Senior Center, 1155 E. 9<sup>th</sup> St, Reno, NV 89512, or you can email to HSA-SRFrontdesk@washoecounty.gov. If you prefer to fill out the survey online, you can use the QR code in the upper right corner of this form, or go to our website at: www.washoecounty.gov/seniorsrv/events\_calendars\_menus.php YOUR ZIP CODE:

#### HOW DID YOU HEAR ABOUT US OR RECEIVE THIS SURVEY?

TOP ISSUES	F	PLEASE CIRCL	E
<b>How age friendly is our community?</b> <i>Please circle a number for <u>each</u> question below from most important to least important to you.</i>	MOST IMPORTANT TO YOU	SOMEWHAT IMPORTANT TO YOU	LEAST IMPORTANT TO YOU
<b>OUTDOOR SPACES &amp; BUILDINGS:</b> We need more places to gather (green spaces, safe streets, sidewalks, trails, and accessible buildings for people of all ages).	1	2	3
<b>TRANSPORTATION:</b> In addition to driving, we need more public transit options that are accessible and affordable ( <i>trains, buses, and shared-ride options</i> ).	1	2	3
<b>HOUSING:</b> We need housing that is affordable and designed or modified so you can stay in your home as you get older.	1	2	3
<b>SOCIAL PARTICIPATION:</b> I am lonely, sad and/or isolated. We need more affordable and fun social activities.	1	2	3
<b>RESPECT &amp; INCLUSION:</b> It is important to me that the community values everyone. Young and old learn from one another and honor what each has to offer.	1	2	3
<b>WORK &amp; CIVIC ENGAGEMENT</b> : Older people are able to continue working, offer their time and skills, serve on advisory boards etc.	1	2	3
<b>COMMUNICATION &amp; INFORMATION:</b> Information should be dispersed through a variety of means, as I do not have access to the internet or a smart phone.	1	2	3
ACCESSIBLE COMMUNITY HEALTH SERVICES: We need more accessible health services.	1	2	3
<b>AFFORDABLE COMMUNITY HEALTH SERVICES:</b> We need more affordable health services.	1	2	3

)	QUALITY OF LIFE	PLEASE CIRCLE		E
	What do you think is necessary to meet your needs and improve your quality of life? Please circle a number for <u>each</u> question below from most important to least important to you.	MOST IMPORTANT TO YOU	SOMEWHAT IMPORTANT TO YOU	LEAST IMPORTANT TO YOU
	<b>HEALTH CARE &amp; WELLNESS:</b> We need more choices for healthcare providers and wellness activities.	1	2	3
	<b>INDEPENDENT LIVING:</b> We need more support services to allow seniors to continue to live on their own.	1	2	3
	<b>ACTIVITIES</b> : We need more entertainment, social and recreational opportunities.	1	2	3
	<b>HEALTHY FOODS:</b> We need improved access to food programs for seniors.	1	2	3
	<b>EMPLOYMENT &amp; ENGAGEMENT:</b> We need more opportunities for seniors to work for pay, volunteer their time and skills, or actively engage with their families, friends and community.	1	2	3

$\land$				
	HOUSING	PLEASE CIRCLE		
	Most seniors want to live at home as they age. If that is not possible, what types of housing arrangements would you prefer? Please circle a number for <u>each</u> question below from most important to least important to you.	MOST IMPORTANT TO YOU	SOMEWHAT IMPORTANT TO YOU	LEAST IMPORTANT TO YOU
	<b>IN HOME CAREGIVERS</b> : More affordable providers of personal in-home services.	1	2	3
	<b>AFFORDABLE RENTS:</b> Housing costs need to be addressed on a fixed or declining income.		2	3
	SHARED HOUSING: More opportunities to share housing costs with others.	1	2	3
	<b>GROUP CARE HOUSING:</b> More group housing with assistance with tasks of daily living.	1	2	3
	<b>55+ COMMUNITIES</b> : More of all-types of housing specifically built for seniors.	1	2	3

TRANSPORTATION	PLEASE CIRCLE		
Most seniors would prefer to drive their own vehicles as they age. If that is not possible, what types of transportation options would you prefer? Please circle a number for <u>each</u> question below from most important to least important to you.	MOST IMPORTANT TO YOU	LEAST IMPORTANT TO YOU	
<b>IMPROVED TRANSIT:</b> Expand transit routes where seniors live.	1	2	3
<b>RIDE SHARE:</b> Using FlexRIDE, buses, taxis, or smartphone apps like Uber and Lyft.	1	2	3
<b>PARATRANSIT ACCESS:</b> More paratransit routes and vehicles for disabled seniors.	1	2	3
<b>CARPOOL:</b> Partnering with friends, family and neighbors to ride together.	1	2	3
WALKING/BIKING: Better connected paths, sidewalks and trails to get around town.	1	2	3

ACCESS TO INFORMATION PLEASE CIRCLE		E	
Where would you prefer to get information about services for seniors? Please circle a number for <u>each</u> question below from most important to least important to you.	MOST SOMEWHA IMPORTANT IMPORTAN TO YOU TO YOU		LEAST IMPORTANT TO YOU
PUBLIC LIBRARY: Do your own research or ask library staff to find services.		2	3
<b>TV/RADIO:</b> Watch and listen to news and other programs to learn about services.	1	2	3
NEWSPAPER/ MAGAZINE/ BOOK: Read written materials to find services.	1	2	3
<b>INTERNET:</b> Look for services online with a computer, smartphone, or tablet.	1	2	3
<b>SENIOR CENTERS:</b> Visit or call senior and community centers to obtain information.	1	2	3

Thank you for taking the time to fill out our survey! We appreciate your feedback.

## ADDITIONAL INFORMATION (OPTIONAL):

AGE: \_\_\_\_\_ DO YOU LIVE ALONE? (circle one) Yes No In a Facility

ANNUAL INCOME: (circle one) Under \$20,000 \$20,000-\$39,000 \$40,000-\$59,000 \$60,000-\$99,999 \$100,000 +

COMMENTS:



# WASHOE COUNTY SENIOR SERVICES SURVEY DATA COLLECTION

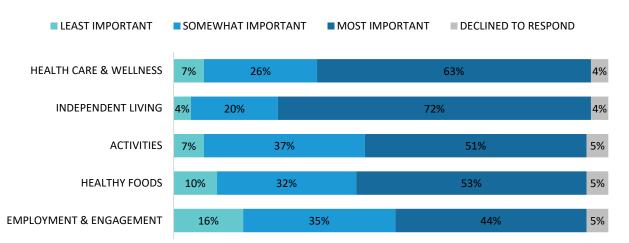
This 2023 survey data collection will aid in Washoe County Senior Services and other agency partnerships developing and implementing strategic planning to provide better outcomes and opportunities for Seniors in Washoe County, by pinpointing key topics and trends that are most important to them.

A total of **612** seniors participated in this 2023 survey.

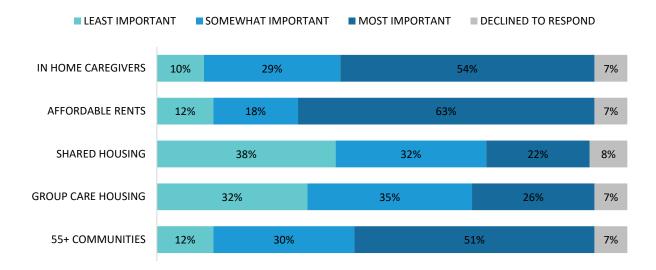
LEAST IMPORTANT SOMEWH	AT IMPO	RTANT	MOST IMPOR	RTANT D	ECLINED TO RESPON	ID
OUTDOOR SPACES & BUILDINGS	11%		34%		52%	3%
TRANSPORTATION	11%		34%		52%	3%
HOUSING	9%	20%		68	3%	3%
SOCIAL PARTICIPATION		24%	39	%	34%	<mark>3%</mark>
<b>RESPECT &amp; INCLUSION</b>	7%	27%			63%	3%
WORK & CIVIC ENGAGEMENT	14%		40%		43%	3%
COMMUNICATION & INFORMATION		27%	26%		44%	3%
ACCESSIBLE COMMUNITY HEALTH SERVICES	11%	28	3%		58%	3%
AFFORDABLE COMMUNITY HEALTH SERVICES	9%	24%			64%	3%

TOP ISSUES: How age friendly is our community?

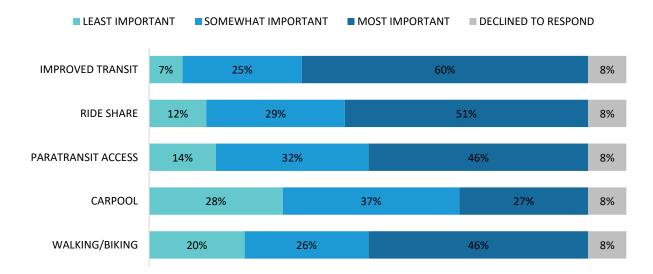
QUALITY OF LIFE? What do you think is necessary to meet your needs and improve your quality of life?

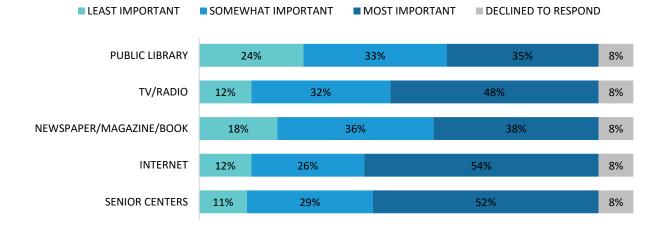


**HOUSING:** Most seniors want to live at home as they age. If that is not possible, what types of housing arrangements would you prefer?

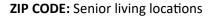


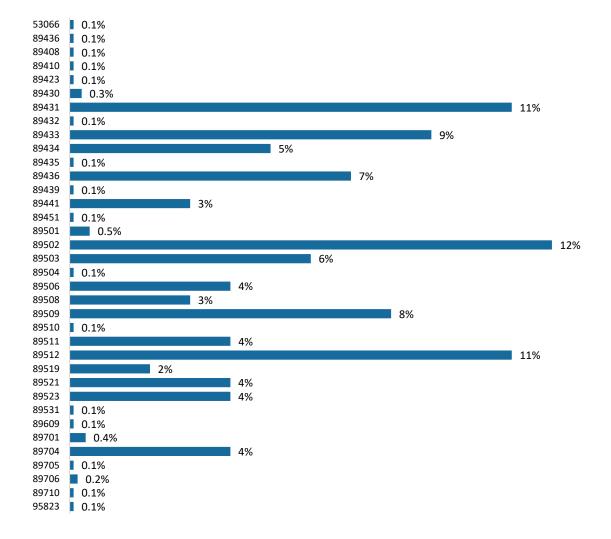
**TRANSPORTATION:** Most seniors would prefer to drive their own vehicles as they age. If that is not possible, what types of transportation options would you prefer?

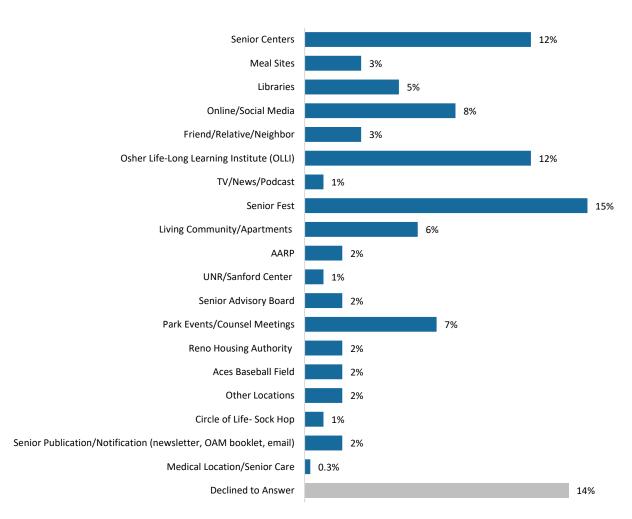




#### ACCESS TO INFORMATION: Where would you prefer to get information about services for seniors?



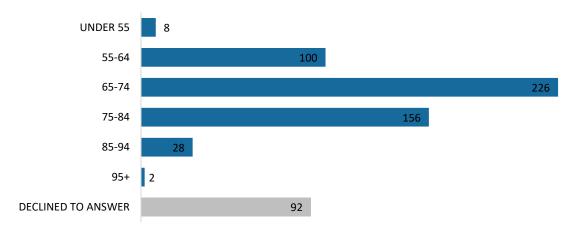




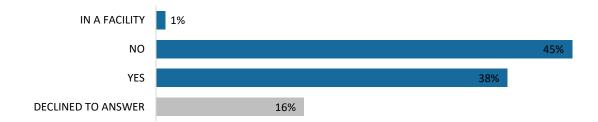
#### HEARING ABOUT US: How did seniors find out or hear about the survey?

#### **ADDITIONAL INFORMATION (was optional):**

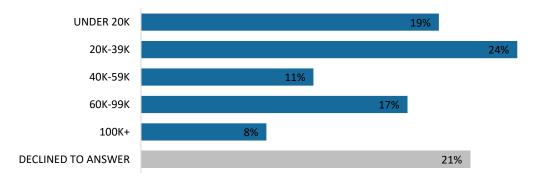
#### AGE RANGE: Senior Age Groups



#### DO YOU LIVE ALONE: Senior Living Situation



#### **ANNUAL INCOME:** Senior earnings



#### **COMMENTS:** Top key notes seniors suggested

More activities/affordable activities:

- More fitness options/workout classes/yoga/dance.
- Games and activities on grounds at all places.
- Crafts/ Craft Fairs.
- More art options: Music, painting, woodwork tools, art space, musical equipment.
- More Holiday events.

Friendlier/kinder staff and employees.

Utilize the Senior Centers and Resource Centers better. Have much more capability to do things and they aren't.

More affordable housing:

- Especially solo/single seniors.
- Concerns on being to afford living once spouse passes away.
- Based on income.

#### More Disability Accessibility:

• wheelchair or other assistive device accessibility across the city i.e.., curb cuts, handrails, paths, trails etc.

Additional resources:

- Senior Discounts or vouchers for live concerts, museums etc.
- Options for people where their primary language is something other than English or Spanish.
- Home services such as yard work, home assistance (unable to lift heavy)
- More services/resources like OLLI.

Better meal options:

- Vegetarian meals.
- More variety.
- Larger portion sizes.

Affordable Medical Services.

More concern/options for homeless seniors or potential senior homelessness.

More transportation access and addressing the distances to get to those locations such as bus stops etc.

More access to computers and phones.

More law enforcement patrols.